



SOFTE COURSE
SPORTS ON FIELD TRAUMA EMERGENCY COURSE

E.C.O.S.E.P.

PREPARATION					
08:30	Registration				
LECTURES					
09:00	Organizing Medical Services for sports event				
09:30	Initial assessment of the athlete on field				
10:00	Break				
10:15	Airway management and ventilation				
10:45	Shock (& collapsed athlete)				
SKILL STATIONS (IN GROUPS)					
	Airway Management Ventilation	A,B,C,D,E Initial Patient Assessment	Immobilization 1 Log-roll Cervical Collar	Immobilization 2 Spine board Helmet Removal Lifting techniques	Immobilization 3 Dislocations & Splinting
11:15	Red	Blue	Green	Yellow	Orange
12:00	Blue	Green	Yellow	Orange	Red
12:45	Break				
LECTURES					
13:15	Spinal & Head Injuries, Concussion - treatment - RTP guidelines				
13.45	Dislocations in Sport- Shoulder, AC Joint, Elbow, Hand, Hip, Patella, Toe injuries				
SKILL STATIONS (IN GROUPS)					
	Airway Management Ventilation	A,B,C,D,E Initial Patient Assessment	Immobilization 1 Log-roll Cervical Collar Helmet Removal	Immobilization 2 Spine board Lifting techniques	Immobilization 3 Dislocations & Splinting
14:15	Green	Yellow	Orange	Red	Blue
15:00	Yellow	Orange	Red	Blue	Green
15:45	Orange	Red	Blue	Green	Yellow
16:30	Written & Practical Assessment				
18.30	Certificates of Attendance and Accreditation				