

THE BASEM SPRING CONFERENCE 2018

GET DYNAMIC: Hormones, Health & Human Performance

What are the key Endocrine and Metabolic considerations for elite athletes to reluctant exercisers

THURSDAY 22ND MARCH

THE KEEPMOAT STADIUM

DONCASTER

Key Speakers:

Dr Keay: Clinical and research experience from developing GH anti-doping test to working with light weight athletes

Dr Ackerman: Extensive clinical and research experience in Endocrine aspects of SEM

Dr Bracken: Practical recommendations for those with metabolic syndrome

Dr Grant: Body composition as a potential predictor of injury across range of sports

Dr Greeves: Effects of intensive army training on bone health and injuries

Dr Lewis: Applying an integrated approach to health and performance

Dr Stacey: Role of gut metabolism in SEM

Dr Wolman: Dancers as a unique group of athletes

Further information is available online

www.basem.co.uk



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British Association of Sport & Exercise Medicine