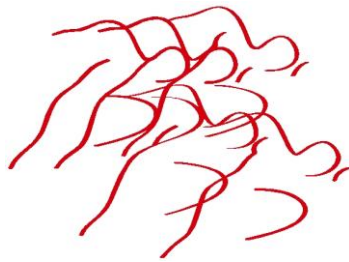
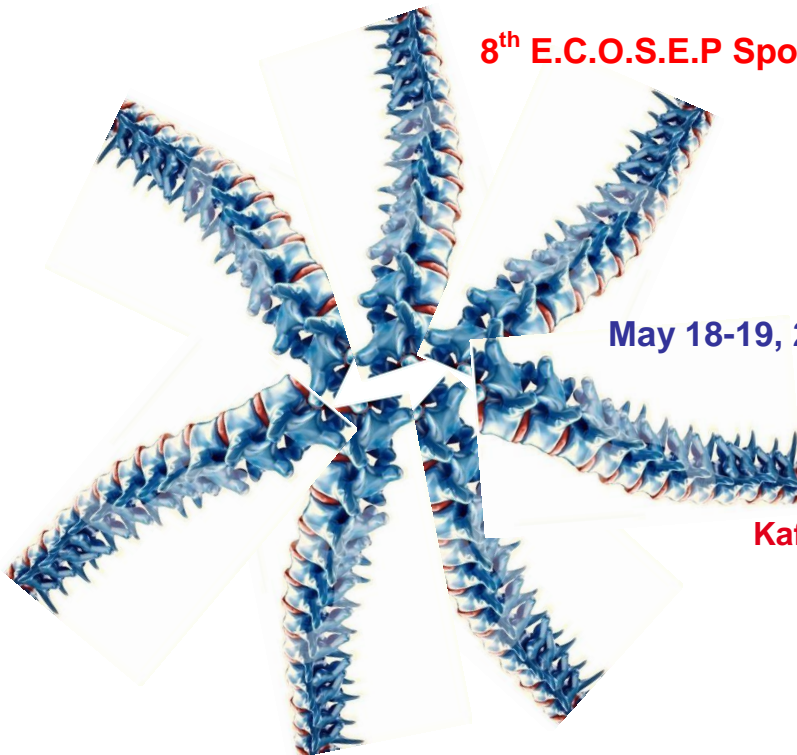




European College Of Sports and Exercise Physicians



8th E.C.O.S.E.P Sports Rehab Spine



May 18-19, 2013, Thessaloniki

**Kaftanzoglion
National Stadium**



E.C.O.S.E.P.

European College of Sports and Exercise Physicians

A two-day residential clinical skills Spine Athletes course will be held on Saturday 18 & Sunday 19 May 2013 at the National Stadium, Kautanzoglio, Thessaloniki, Greece. It is aimed at enhancing delegates skills in the assessment of musculoskeletal injury. The course is an amalgamation of ECOSEP's previous upper and lower limb courses and is aimed at Sports Medicine Physicians Specialist Registrars, Orthopaedic Surgeons, Physical Rehabilitation Physicians, General Practitioners, Physios with an interest in sport and musculoskeletal medicine.

Medical Doctors	180
Physiotherapists, Physical Education Teachers	130
Students	80
Members E.C.O.S.E.P	-20% of above amounts

Contact Us:

For registration and accommodation please contact:

Miss Sofia Papadopoulou course administrator.

tel: +30 2310 202190

email: ikakthess@hol.gr, info@ecosep.eu

Who Should Attend:

Sports and Exercise Medicine Clinicians, Sports Orthopedic Surgeons, Physiotherapists, General Practitioners and doctors engaged in Sports and Exercise Medicine, and allied Health Professionals.

CPD Credits. As Professional Competence is now compulsory, this 2-day conference offers **6 External**

Saturday 18.5.2013

08.30 Registration

09.00 Low Back Pain in Elite Athletes

N. Malliaropoulos

09.30 Spondilolysis – Spondylolisthesis in Athletes

E.Samoladas

10.00 Idiopathic scoliosis – Choice of treatment

Prof. A. Christodoulou

10.30 Lumbar Pelvic stabilization and low back pain

V.Korakakis

11.00-11.30 Break

	Diagnostic ultrasound to monitor lumbar pelvic stabilization V.Korakakis	HVI IN SPORTS MEDICINE Dr. OTTO CHAN
11.30	Red	Blue
12.15	Blue	Red

13.00 Light Lunch

	Core stability Sofia Papadopoulou	Low Level Laser Therapy D. Christodoulou – N.Evagelou
14.00	Red	Blue
14.45	Blue	Red

15.30 Idiopathic scoliosis-Diagnosis

L. Kolintzas

16.00 Treatment through bracing: how and when

L. Kolintzas

16.30 Idiopathic scoliosis-is there a role for exercise?

E. Samoladas

	Spinecor: Dynamic Spine Brace	Foot Scan Workshop
17.00	Red	Blue
17.45	Blue	Red

18.15 End of Day One

Sunday 19.5.2013

09.00 Adductors Tendinopathy in Athletes

Prof N. Maffulli

	Dynamic Imaging of the inguinal canal. Dr Otto Chan	Hip Hands On Clinical Examination Prof N Maffulli
09.45	Red	Blue
10.15	Blue	Red

10.45 "Pupalgia Syndrom" in Athletes

N. Malliaropoulos

11.15 Surgical treatment of Sports Hernia

M. Genitsaris

12.00 Break

12.30 Spine sports injuries – criteria for Return to Play

N. Keramaris

13.00 Rehabilitation for Pupalgia Syndrom

N. Malliaropoulos

13.30 Imaging of the hip impingement

I. Tsifountoudis

14.00 FAI – Concept, Pathology and Treatment Options, Cam resection

E. Papakostas

14.30 Rehabilitating the HIP

A. Papavasiliou

15.00 CERTIFICATES OF ATTENDANCE AND CPD CREDITS

COURSE LECTURERS

Professor Nicola Maffulli MD MS PhD FRCS (Orth) FRCP FFSEM - Nicola Maffulli is Centre Lead and Professor of Sport & Exercise Medicine and Consultant Trauma and Orthopaedic Surgeon, Mile End Hospital. His main clinical interests lie in the management of lower limb sports injuries and in paediatric musculoskeletal sports medicine. Special interests include Anterior Cruciate Ligament and Patellar and Achilles tendons. His main research interests are the histology and biology of overuse tendon injuries and the effects of intensive training in young and older athletes. A florid research programme is under way with international collaborators, focusing on orthopaedic genetics, outcome measures and randomized controlled trials in trauma and orthopaedics, and tissue engineering of tendons. Professor Maffulli has recently been awarded the Fellowship of the Royal College of Physicians.

Professor Anastasios Christodoulou, professor in Orthopaedics at Aristotle University of Thessaloniki,

Dr Otto Chan MBBS FRCS Ed FRCS Glas FRCR (UK) ATLS Instructor - Dr Chan is a Consultant Radiologist specialising in Imaging and radiology. Treatments/Procedures include CT scanning, MRI scanning, MRI scanning (open), Ultrasound, X-ray and Radiology. His professional memberships include BMA, BIR, ESGAR and BTS. Otto has extensive experience in all aspects of GI, thoracic radiology, Emergency radiology and MSK/Sports Medicine, including all aspects of MSK intervention. His multidisciplinary team approach to sports medicine diagnosis and management is unique, working with nationally and internationally renowned clinicians and with strong clinical and academic links with the Sports and Health and Exercise Department at Queen Mary's College. The service is supported by a very experienced relaxed and friendly staff, as well as state of the art radiology equipment with a Siemens Antares Premium Edition US, Siemens 1.5T MR and a new Somatom Definition 128 MDCT system.

Dr Nikolaos Malliaropoulos MD,DSM, Msc, PhD, ECOSEP, FFSEM(UK).

Nikos is a sports medicine doctor who graduated from the American college ANATOLIA of Thessaloniki and then from the Medical School from Aristotle University of Thessaloniki. He has been Director of the Sports injuries clinic of Track and Field Association in Thessaloniki, since 1986 and was Chief Medical Officer of the Hellenic Olympic Team XXVIII Olympics Athens 2004. Additionally Nikos was Director of the Medical Services of the First South Eastern European Games 2007 .He is a Fellow of the UK Faculty of Sports and Exercise medicine Royal College of Surgeons Edinburgh .He is at the European Judo Union Medical Committee, a Founding member of the European College of Sports and Exercise Physicians – ECOSEP and founding member of the Greek Sports Medicine Association, a Fellow of the International Federation of Sports Medicine FIMS, a Member of the British Sports and Exercise medicine Association, and a Member of the Greek Trauma Association. Nikos is also a Balkan Judo Champion in Judo – 5TH DAN and British Judo Coach.

Dimitris Christodoulou, Physiotherapist of National Athletics S.E.G.A.S. Sports Medicine Center Thessaloniki

Sofia Papadopoulou, SEM Physiotherapist of National Athletics S.E.G.A.S. Sports Medicine Center Thessaloniki

N. C. Keramaris, MD, PhD (Athens), MSc (Athens), MSc in Sports Injury (Sheffield) Orthopaedic & Trauma Surgeon - ECOSEP member, Spinal Fellow - Centre for Spinal Studies & Surgery, Queen's Medical Centre, Nottingham University Hospitals

Lykourgos G. Kollintzas, MD, Orthopaedic Spine Surgeon, Scoliosis Specialist for Pediatrics & Adults

Korakakis Vasileios, PT, MSc, DipMDT, PGrDipPhTy

Dr. Ioannis Tsifountoudis, Radiologist, AHEPA University Hospital, Thessaloniki, Greece

Papakostas Emmanuel, MD. Sports Orthopaedic Surgeon ,Director Sports Clinic Thessaloniki, Ecosep Scientific Contributor

Nikiforos Dionisios, MD Orthopaedic Surgeon

Efthimios Samoladas MD, PhD, Orthopaedic Spinal Surgeon , Lecturer In Orthopaedics
Aristotle University of Thessaloniki

A Papavasiliou BSc, MD, PhD, Consultant Orthopaedic Surgeon, Lecturer in Sport Injuries
Aristotle University of Thessaloniki, St Luke's Hospital

Nathan Evaggelou, Dr of Laser Medicine Rehabilitation

Genitsaris Michael, MD, Surgeon