

XXVII Isokinetic Medical Group Conference

# Football Medicine Outcomes

## ARE WE WINNING?

Camp Nou, Barcelona - 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> June 2018

Hosted by:



**ISOKINETIC  
MEDICAL  
GROUP**



**BARÇA  
INNOVATION HUB**

Scientific Programme





## Camp Nou Stadium, Barcelona

### WELCOME

2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> June 2018

Dear colleagues and friends, it is our great pleasure to welcome you to the 27<sup>th</sup> Isokinetic Medical Group Conference. This is a unique opportunity to join the Football Medicine Community all in one place.

Stefano Della Villa    Jordi Monés i Carilla

## Football Medicine Outcomes

### ARE WE WINNING?

3000 attendees, 95 countries, 220 leading experts

Come join the game to understand if the Football Medicine Community is really winning the battle with football injuries.

The image of the golden ball suggests we are on the right path.  
Understand more, and find out with us!







Isokinetic Medical Group's "cultural heart" is its Education and Research Department, whose goal is to share **KNOW-HOW** across all of our 8 clinics. There is an ever increasing wealth of knowledge, both from scientific research articles and **CASE HISTORIES** submitted by doctors from all over the world. This data set is supplemented from within our group of practitioners. Our **RESEARCH AND DEVELOPMENT** activity aims to translate new findings into practice and study patient outcomes to improve our treatment approach. We feel a strong commitment to participating in **SCIENTIFIC ACTIVITIES**: from organising the biggest Football Medicine Conference in the world, through to publishing papers and books. Additionally, we have strong **INTERNATIONAL CONNECTIONS** with scientific associations. Through a focus on high performance culture, we challenge our whole team to pursue daily excellence and provide them with comprehensive **TRAINING** and **UPDATING** programmes.

Our main focus is treating the patients with a **multidisciplinary team approach**: teamwork between sports medicine physicians, physiotherapists, hydrotherapists, rehabilitation specialists, sports scientists, osteopaths and chiropractors. We treat around **11,000 patients** each year with a range of different injuries, across many sporting levels. Our therapeutic ambition is based on **exercise as medicine** and we adopt a holistic approach including acute injury management, hydrotherapy, targeted neuromuscular training, sport specific reconditioning and on-field rehabilitation. We firmly believe in providing objectivity to the rehabilitation process by performing a number of **functional evaluations** including the isokinetic test, threshold test and movement analysis test (MAT). Our goal is a positive **outcome** for the patient.







Barça Innovation Hub aims to be the worldwide number one sports industry center for knowledge and innovation, with the idea of creating value both for the Club and society in general. This is the project that enables the Club to innovate, generate, attract, manage and share both its own and external knowledge.

The main goal is to promote a culture of excellence and collaboration with prestigious brands, universities, research centres, start-ups, entrepreneurs, students, athletes, investors, and visionaries around the world, attracting the best international talent and promoting an open and collaborative culture.



ACQUIRE, GENERATE & SHARE  
Knowledge



CO-DEVELOP, TEST & LAUNCH  
New products and services



PROMOTE & FACILITATE  
A relevant ecosystem










# Camp Nou - Conference Area

**PRESIDENTS**  
Stefano Della Villa  
Jordi Monés i Carilla

**SCIENTIFIC BOARD**  
Peter Brukner  
Karim Khan  
Gil Rodas  
Giulio Sergio Roi

**CONFERENCE TEAM**  
Emanuela De Col  
Laura Della Villa  
Margherita Ricci  
Alexia Sotiropoulou  
Cristina Zanetti

#FFMED

 @footballmed  
 Football Medicine Strategies  
 @isokinetic\_officialpage  
 Football Medicine Strategies  
 conference@isokinetic.com

  
footballmedicinestrategies.com  
isokinetic.com



**ISOKINETIC  
MEDICAL  
GROUP**



Hosted by:



**BARÇA  
INNOVATION HUB**

## ISOKINETIC POINT

Information desk

## EXHIBIT AREA

Sponsor spaces

Main entrance 7

Secondary entrance 9

Registration

Secondary entrance 15

2nd floor

1st floor

0 ground

-1st floor

-2nd floor

## ROMA ROOM

Free Oral Presentations

## TRIBUNA

Invited speaker sessions

## EXHIBIT AREA

Sponsor spaces

## FUNDACIÓ

Workshops

## POSTER AREA

Free Poster presentations

## PRESS

Best case report contest  
Workshops

## AUDITORI

Invited speaker sessions



# One shot Scientific Programme

## Football Medicine part 1

Winning outcomes for world class players

Injury Prevention: are we winning?

Anterior Cruciate Ligament frontier: state of the art

Short, medium and long-term outcomes for knees

Lateral ankle instability leads to less goals scored in the season

Treatment and tendinopathy: the game is still open

On and off field management of Concussion



## Football Medicine part 2

Findings from UEFA Champions League studies

Hip outcomes: are we intervening too much?

A new horizon for groin pain management

Is it possible to improve hamstring injury outcomes?

Improve outcomes in muscle injuries with exercise and on field rehab

Can we win? Perspectives of the leaders of the future

Less surgery and more rehab in Sports Medicine?

Managing meniscal injuries for improved outcomes

How to improve outcomes of cartilage lesions and early OA

Regenerative Medicine Outcomes: are we winning?



## ACL Symposium: Return to Football

From the football pitch and back again

Rehabilitation, reconditioning, return to play

Fighting the high risk of second ACL injury in young athletes

ACL injuries outcomes in women's football



## Sports Science Summit: Football Performance Innovation

Player Monitoring

Impacting Practice through Data Science

Nutrition & Injury

Youth to Senior: Performance & Wellbeing



## New Research & Contest

Free oral papers on Football Medicine

Free oral papers on "Learning from other sports"

Poster presentations on Football Medicine

Poster presentations on "Learning from other sports"

Best case report award on "Return to Play"



## Parallel Workshops

Scientific Societies' Focus Meetings

Sports Technology workshops



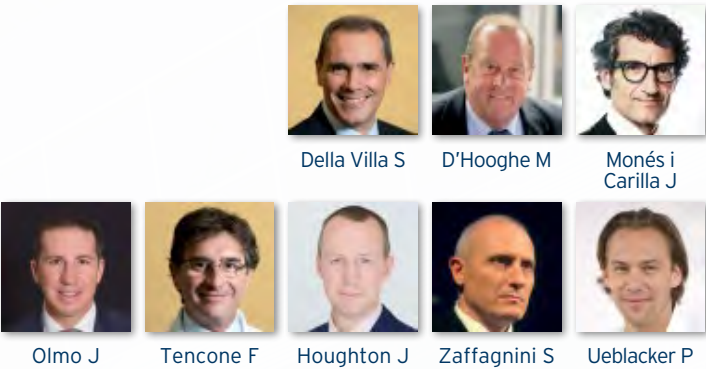


09:00 **Official Welcome**  
Della Villa S (ITA), Monés i Carilla J (ESP)

**Winning outcomes  
for world class players**

Chairs Della Villa S (ITA), D'Hooghe M (BEL)

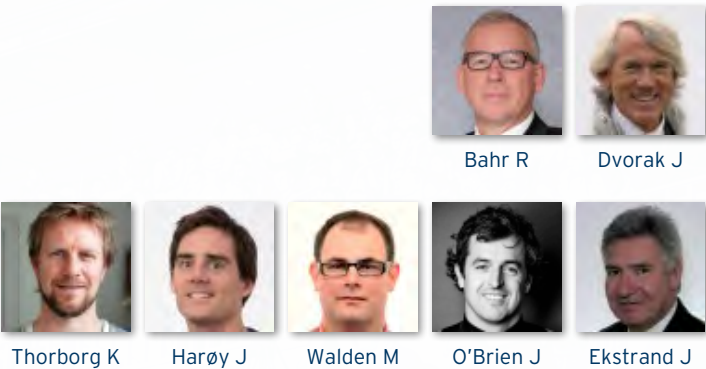
- 09:15 **Winning two consecutive Champions League titles after a serious quadriceps injury**  
Olmo J (ESP)
- 09:30 **The two careers of a World Cup winner: before and after disc surgery**  
Tencone F (ITA)
- 09:45 **Accelerated bone healing before the UEFA 2016 European Championships**  
Houghton J (UK)
- 10:00 **Return to play eleven weeks after ACL surgery before the World Cup 2002**  
Zaffagnini S (ITA)
- 10:15 **Winning all football titles after non-operative treatment of a tendon avulsion**  
Ueblacker P (GER)
- 10:30 Discussion
- 11:00 Coffee Break



**Injury Prevention:  
are we winning?**

Chairs Bahr R (NOR), Dvorak J (SUI)

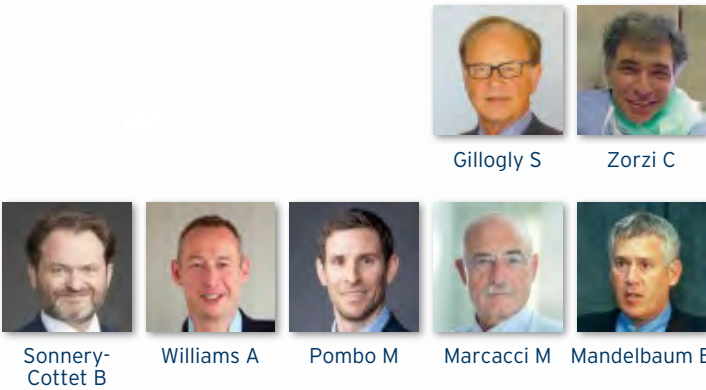
- 11:30 **Introduction: Prevention - are we winning?**  
Bahr R (NOR)
- 11:35 **Hamstring injuries - how can we win?**  
Thorborg K (DEN)
- 11:45 **Groin injuries - how can we win?**  
Harøy J (NOR)
- 11:55 **Knee injuries - how can we win?**  
Walden M (SWE)
- 12:05 **Concussion - how can we win?**  
Dvorak J (SUI)
- 12:15 **Real-world implementation - are we winning?**  
O'Brien J (AUT)
- 12:30 **Real-world implementation - how can we win?**  
Ekstrand J (SWE)
- 12:45 Discussion
- 13:00 Lunch Break



**Anterior Cruciate Ligament  
Frontier: State of the Art**

Chairs Gillogly S (QAT), Zorzi C (ITA)

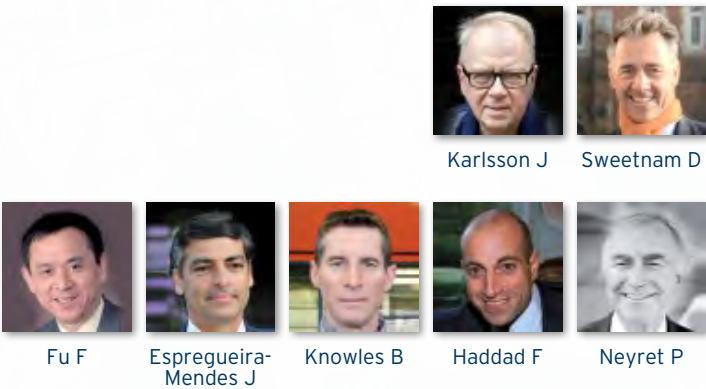
- 14:30 **ACLR Outcomes - Where the bar needs to be set in 2018**  
Sonnerly-Cottet B (FRA)
- 14:45 **Bone Patella Tendon: the work horse**  
Williams A (UK)
- 15:00 **The Quadriceps Tendon. The new player why?**  
Pombo M (USA)
- 15:15 **Hamstring plus lateral tenodesis: 20 year follow up**  
Marcacci M (ITA)
- 15:30 **What do we do now and the future for Orthobiologics?**  
Mandelbaum B (USA)
- 15:45 Discussion
- 16:00 Break



**Short, medium and long-term  
outcomes for knees**

Chairs Karlsson J (SWE), Sweetnam D (UK)

- 16:30 **Does no difference really means no difference?**  
Fu F (USA)
- 16:45 **How to minimize risk and potentiate the result in ACL**  
Espregueira-Mendes J (POR)
- 17:00 **We are not winning if we accept close enough**  
Knowles B (USA)
- 17:15 **MCL: conservative and surgical outcomes**  
Haddad F (UK)
- 17:30 **Long term winning: prevention of osteoarthritis**  
Neyret P (FRA)
- 17:45 Discussion
- 18:00 End of the day





TRIBUNA

09:00-11:00  
Official welcome  
and starting session in Tribuna

Lateral ankle instability leads  
to less goals scored in the season

Chairs Benazzo F (ITA), Nikolaou P (GRE)

Benazzo F

Nikolaou P

Dalmau M

Kerkhoffs G

D'Hooghe P

Calder J

Kennedy J

11:30 **Anatomy of the lateral ankle ligaments**  
Dalmau M (ESP)  
11:45 **Giving way in a stable ankle... how to treat?**  
Kerkhoffs G (NED)  
12:00 **Is arthroscopic treatment the best to treat lateral ligament instability?** D'Hooghe P (QAT)  
12:15 **Open surgery for lateral ankle instability still the gold standard in football** Calder J (UK)  
12:30 **Lateral ankle instability in NYC: this is how we do it!** Kennedy J (USA)  
12:45 Discussion  
13:00 Lunch Break

14

Scientific Programme  
Saturday 2<sup>nd</sup> June 2018 - Afternoon

AUDITORI

Treatment and tendinopathy:  
the game is still open

Chairs Jones H (POR), Schneider C (GER)

Jones H

Schneider C

Cook J

Maffulli N

Alfredson H

Filardo G

Whiteley R

14:30 **The field - Understanding tendinopathies: etiopathology and treatment rationale**  
Cook J (AUS)  
14:45 **Game 1 - Traditional treatment vs biologics for plantar fasciitis** Maffulli N (ITA)  
15:00 **Game 2 - Traditional treatment vs biologics for Achilles tendinopathy** Alfredson H (SWE)  
15:15 **Game 3 - Traditional treatment vs biologics for patellar tendinopathy** Filardo G (ITA)  
15:30 **Exercise: your reliable teammate for any treatment** Whiteley R (QAT)  
15:45 Discussion  
16:00 Break

On and off field  
management of Concussion

Chairs Edwards T (NZL), Pedrinelli A (BRA)

Edwards T

Pedrinelli A

Dvorak J

Putukian M

Feddermann N

Bizzini M

16:30 **Introduction to the topic** Dvorak J (SUI)  
16:45 **Concussion recognition tool, Scat 5**  
Putukian M (USA)  
17:00 **Neurological and neuro-otological exam**  
Feddermann N (SUI)  
17:15 **Rehabilitation and treatment strategies**  
Bizzini M (SUI)  
17:30 **What we need from the officials? Are we winning?** Dvorak J (SUI)  
17:45 Discussion  
18:00 End of the day

15



# Scientific Programme

Sunday 3<sup>rd</sup> June 2018 - Morning

TRIBUNA

## Findings from UEFA Champions League studies

Chairs Cohen M (BRA), Serratosa L (ESP)

- 08:30 **Injury prevention in elite football - are we winning? Injury burden as an outcome measure** Ekstrand J (SWE)
- 08:45 **Understanding the basis of success: which injury variables correlate to performance?** Hagglund M (SWE)
- 09:00 **Which outcome measures are the most important for safe RTP after ACLR? Surgeon? Graft? Rehab? Player mentality?** Walden M (SWE)
- 09:15 **How can we help coaches reduce the risk of muscle injuries?** Bengtsson H (SWE)
- 09:30 **Winning trophies is the ultimate goal at elite level. Key factors to achieve** Davison M (UK)
- 09:45 Discussion
- 10:00 End of the Session



Cohen M Serratosa L



Ekstrand J Hagglund M Walden M Bengtsson H Davison M

## Hip outcomes: are we intervening too much?

Chairs Batty P (UK), Beasley I (UK)

- 10:00 **Hip experience from UEFA Champions League Clubs** Puga N (POR)
- 10:15 **Choosing the right patient and working as a team** Griffin D (UK)
- 10:30 **The role of imaging in the management process** Healy J (UK)
- 10:45 **Practical tips to improve outcomes through conservative management** Holmich P (DEN)
- 11:00 **The football hip: rehabilitation strategies** Fevre D (UK)
- 11:15 Discussion
- 11:30 Coffee Break



Batty P Beasley I



Puga N Griffin D Healy J Holmich P Fevre D

## A new horizon for groin pain management

Chairs English B (UK), Schilders E (UK)

- 12:00 **Differential diagnosis and pathways for enhanced outcomes of groin pathologies** Weir A (NED)
- 12:15 **Navigating the groin triangle through movement analysis** Franklyn-Miller A (IRL)
- 12:30 **How to maximise outcomes when pursuing the surgical route** Muschaweck U (GER)
- 12:45 **Groin pain: the Chelsea Football Club experience** Fearn J (UK)
- 13:00 **Hip and groin exercises** Marconato A (UK)
- 13:15 Discussion
- 13:30 Lunch Break



English B Schilders E



Weir A Franklyn-Miller A Muschaweck U Fearn J Marconato A

# Scientific Programme

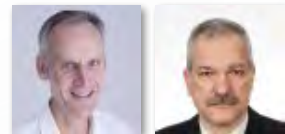
Sunday 3<sup>rd</sup> June 2018 - Afternoon

TRIBUNA

## Is it possible to improve hamstring injuries outcomes?

Chairs Khan K (CAN), Malliaropoulos N (GRE)

- 15:00 **Making sense of the prevention debate. What should clinicians do?** Pizzari T (AUS)
- 15:15 **Drilling down on 'strength' in prevention. Key? Fixable?** Opar D (AUS)
- 15:30 **How do the world's best physios win the treatment contest?** Heiderscheit B (USA)
- 15:45 **A big torn hamstring. Is it intramuscular? Rehab or surgery?** Brukner P (AUS)
- 16:00 **When not to operate, when to operate & what are the outcomes?** Orava S (FIN)
- 16:15 Discussion
- 16:30 Break



Khan K Malliaropoulos N



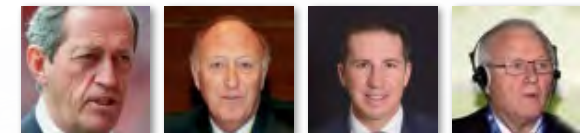
Pizzari T Opar D Heiderscheit B Brukner P Orava S

## Best case report award ceremony

16:30-17:00

Judges  
Brukner P (AUS)  
Delcogliano A (ITA)  
Olmo J (ESP)  
Peterson L (SWE)

Guest  
Grabowski R (POL) winner of best case report contest 2017



Brukner P Delcogliano A Olmo J Peterson L



Grabowski R

## Improve outcomes in muscle injuries with exercise and on field rehab

Chairs Pruna R (ESP), Theos C (GRE)

- 17:00 **Classification of muscle injuries to guide management** Pollock N (UK)
- 17:15 **What can the MRI tell us about muscle injuries?** Connell D (AUS)
- 17:30 **Clinical assessment of muscle injuries** Van Dyk N (QAT)
- 17:45 **Using exercise in muscle treatments** Askling C (SWE)
- 18:00 **On field rehabilitation and return to performance after muscle injuries** Glasgow P (IRL)
- 18:15 Discussion
- 18:30 End of the day



Pruna R Theos C



Pollock N Connell D Van Dyk N Askling C Glasgow P



# Scientific Programme

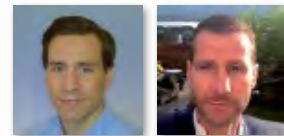
Sunday 3<sup>rd</sup> June 2018 - Morning

AUDITORI

## Can we win? Perspectives of the leaders of the future

Chairs Salzmann G (SUI), Sas K (BEL)

- 08:30 **Mental aspect: from the perspective of the player's union** Gouttebarga V (NED)
- 08:45 **The patello femoral cartilage: from the perspective of the upcoming orthopaedic surgeon** Panics G (HUN)
- 09:00 **The groin: from the perspective of the clinical researcher** Serner A (QAT)
- 09:15 **Are we winning? Are we evolving? The perspective of a football doctor about muscle injuries** Varandas F (POR)
- 09:30 **The load monitoring: from the perspective of a coach** Requena B (ESP)
- 09:45 Discussion
- 10:00 End of the Session



Salzmann G Sas K

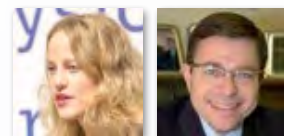


Gouttebarga V Panics G Serner A Varandas F Requena B

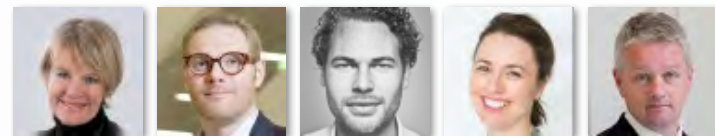
## Less surgery and more rehab in Sports Medicine?

Chairs Ardern C (SWE), Pigozzi F (ITA)

- 10:00 **Is non-surgical ACL treatment a reasonable option for active, young people?** Roos E (DEN)
- 10:15 **Do we have enough evidence to abandon partial meniscectomy?** Jarvinen T (FIN)
- 10:30 **Cam surgery myths: why straight to surgery should be a straight red card** Agricola R (NED)
- 10:45 **Treating the football player with femoroacetabular impingement: eat, sleep, optimal load, repeat** Kemp J (AUS)
- 11:00 **Is non-surgical treatment the best option for spondylolysis?** Fahy D (UK)
- 11:15 Discussion
- 11:30 Coffee Break



Ardern C Pigozzi F



Roos E Jarvinen T Agricola R Kemp J Fahy D

## Managing meniscal injuries for improved outcomes

Chairs Angele P (GER), Denti M (ITA)

- 12:00 **Return to play after medial and lateral meniscus injuries** Ball S (UK)
- 12:15 **Why repair - decision making in the sportsman?** Von Bormann R (RSA)
- 12:30 **Meniscus repair techniques** Erggelet C (SUI)
- 12:45 **What to do when the meniscus is lost** Spalding T (UK)
- 13:00 **What exercises do what to the knee** Zanobbi M (UK)
- 13:15 Discussion
- 13:30 Lunch Break



Angele P Denti M



Ball S Von Bormann R Erggelet C Spalding T Zanobbi M

# Scientific Programme

Sunday 3<sup>rd</sup> June 2018 - Afternoon

AUDITORI

## How to improve outcomes of cartilage lesions and early OA

Chairs Guillen P (ESP), Rosa D (ITA)

- 15:00 **Conservative or surgical solutions for cartilage lesions in athletes** Zaslav K (USA)
- 15:15 **Use of BMAC combined with hyaluronan based scaffold for early OA in athletes** Gobbi A (ITA)
- 15:30 **Bone marrow edema treatment** Kon E (ITA)
- 15:45 **Cartilage repair surgery outcomes in high demand athletes: what is the evidence?** Williams R (USA)
- 16:00 **Early osteoarthritis in end-career athletes** Papalia R (ITA)
- 16:15 Discussion
- 16:30 Break



Guillen P Rosa D

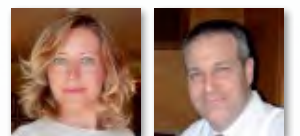


Zaslav K Gobbi A Kon E Williams R Papalia R

## Regenerative Medicine outcomes: are we winning?

Chairs De Girolamo L (ITA), Peretti G (ITA)

- 17:00 **Regenerative medicine in musculoskeletal system: from chaos to an absolute order** Correa D (USA)
- 17:15 **PRP-based regenerative outcomes** Cugat R (ESP)
- 17:30 **Expanded BMSC in early OA** Peirau X (ESP)
- 17:45 **Expanded ASC in OA + BMAC** Jorgensen C (FRA)
- 18:00 **Imaging based measures for reliable evaluation of clinical outcomes: a focus on the musculoskeletal system** Turmezei T (UK)
- 18:15 Discussion
- 18:30 End of the day



De Girolamo L Peretti G



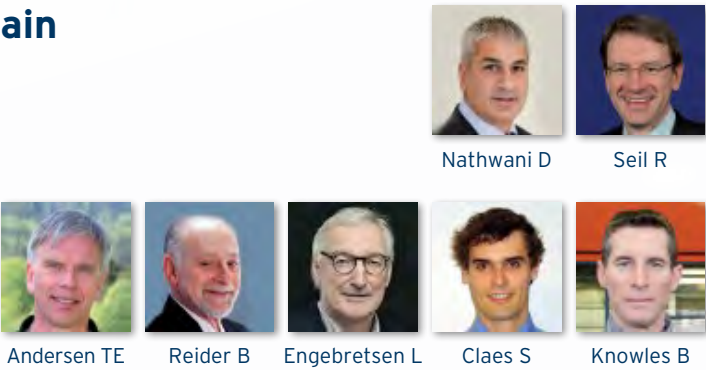
Correa D Cugat R Peirau X Jorgensen C Turmezei T



The ACL return to football symposium

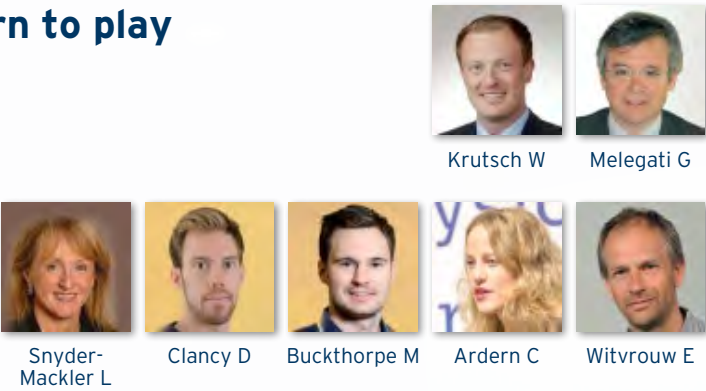
From the football pitch and back again

- Chairs Nathwani D (UK), Seil R (LUX)
- 08:30 **The most common playing situations leading to ACL injury in male professional football** Andersen TE (NOR)
- 08:45 **The evolution of ACL injury management over the last decades** Reider B (USA)
- 09:00 **ACL injury management in adolescent footballers** Engebretsen L (NOR)
- 09:15 **Biological considerations after ACL reconstruction: the ligamentisation process** Claes S (BEL)
- 09:30 **Functional aspects: progressively adding the optimal stimuli to improve outcomes** Knowles B (USA)
- 09:45 Discussion
- 10:00 End of the Session



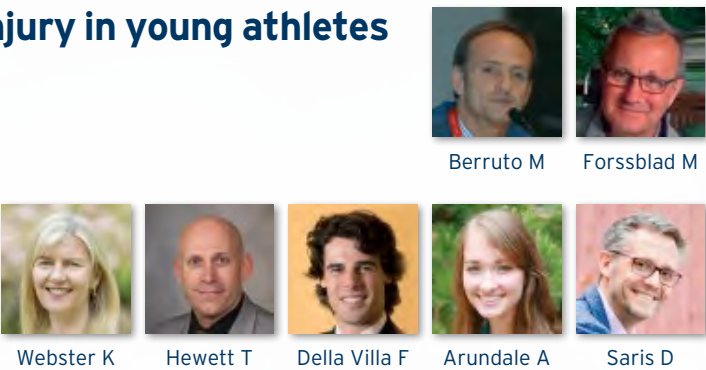
Rehabilitation, reconditioning, return to play

- Chairs Krutsch W (GER), Melegati G (ITA)
- 10:00 **Criterion based rehabilitation guidelines after ACL reconstruction** Snyder-Mackler L (USA)
- 10:15 **Combining hydrotherapy and gym exercises during the rehabilitation phases** Clancy D (UK)
- 10:30 **Progressive loading and management during the on-field reconditioning** Buckthorpe M (ITA)
- 10:45 **Body and mind in balance: helping players achieve readiness for Return to Play** Ardern C (SWE)
- 11:00 **Return to play: are we really achieving good results and focusing on the correct variables?** Witvrouw E (BEL)
- 11:15 Discussion
- 11:30 Coffee Break



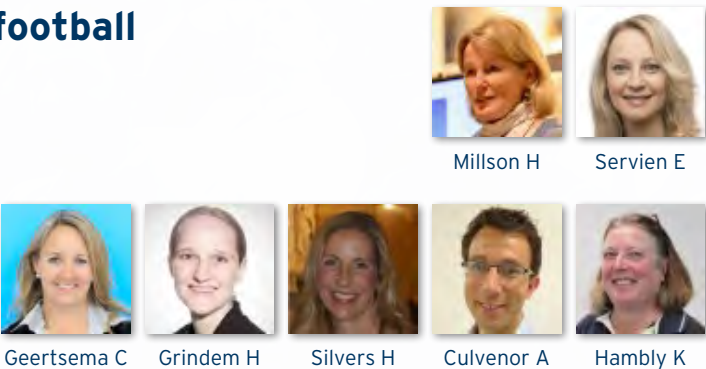
Fighting the high risk of second ACL injury in young athletes

- Chairs Berruto M (ITA), Forssblad M (SWE)
- 12:00 **The re-injury risk in adult and young populations** Webster K (AUS)
- 12:15 **Understanding the biomechanics of ACL injuries** Hewett T (USA)
- 12:30 **Qualitative movement analysis testing and targeted neuromuscular training** Della Villa F (USA)
- 12:45 **Key components of ACL rehab to prevent re-injuries** Arundale A (SWE)
- 13:00 **Preventing and managing secondary injuries in the young: the orthopaedic perspective** Saris D (USA)
- 13:15 Discussion
- 13:30 Lunch Break



ACL injuries outcomes in women's football

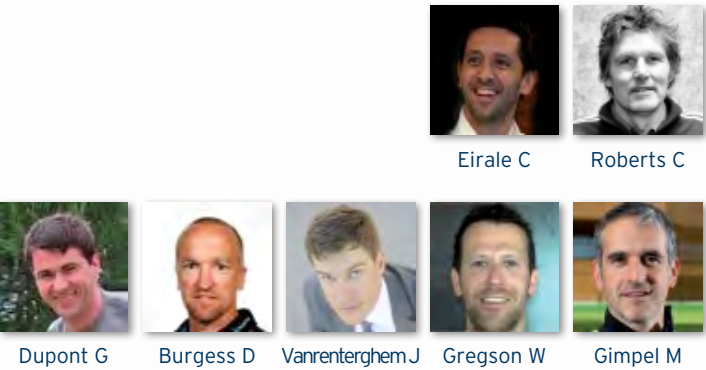
- Chairs Millson H (RSA), Servien E (FRA)
- 14:30 **What are the differences between men's and women's football?** Geertsema C (QAT)
- 14:45 **Conservative and surgical management of ACL deficient knees in women's football** Grindem H (NOR)
- 15:00 **Primary and secondary prevention in female footballers** Silvers H (USA)
- 15:15 **Managing patello femoral pain in female athletes** Culvenor A (AUS)
- 15:30 **ACL rehabilitation and return to sport in women's football** Hambly K (UK)
- 15:45 Discussion
- 16:00 End of the Conference



Football Performance Innovation: Are We Winning?

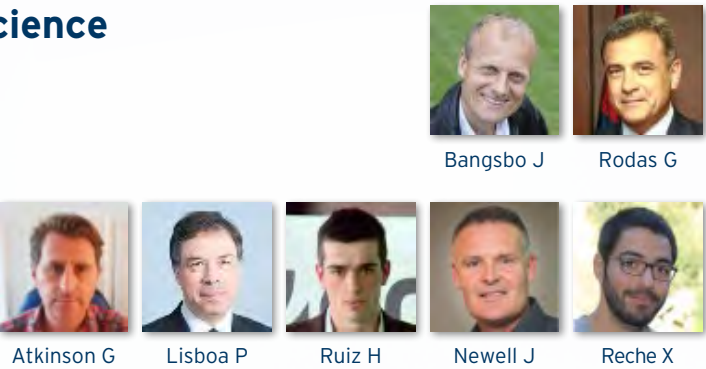
Player Monitoring

- Chairs Eirale C (QAT), Roberts C (UK)
- 08:30 **Where is the impact in player monitoring?** Dupont G (FRA)
- 08:45 **Understanding player loading in a club environment** Burgess D (UK)
- 09:00 **Player load. Are we measuring what we think are measuring?** Vanrenterghem J (BEL)
- 09:15 **How well are we monitoring player wellness?** Gregson W (QAT)
- 09:30 **Monitoring the injured player** Gimpel M (UK)
- 09:45 Discussion
- 10:00 End of the Session



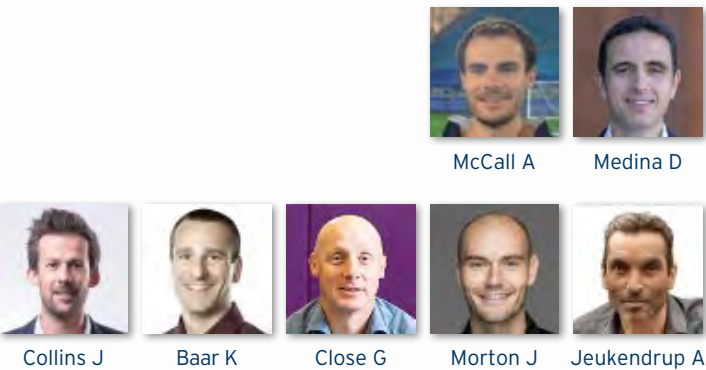
Impacting Practice through Data Science

- Chairs Bangsbo J (DEN), Rodas G (ESP)
- 10:00 **Hot topics in football data science** Atkinson G (UK)
- 10:15 **Big Data, Hype or Reality** Lisboa P (UK)
- 10:30 **Application of Big Data Techniques - Example 1 (Performance Analysis)** Ruiz H (ESP)
- 10:45 **Application of Big Data Techniques - Example 2 (Injury Prediction)** Newell J (IRL)
- 11:00 **Player tracking methods in FC Barcelona** Reche X (ESP)
- 11:15 Discussion
- 11:30 Coffee Break



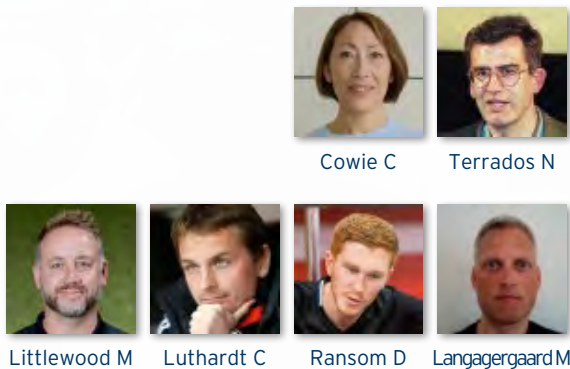
Nutrition & Injury

- Chairs McCall A (UK), Medina D (USA)
- 12:00 **UEFA Consensus on Nutrition** Collins J (UK)
- 12:15 **Nutrition and Injury - is collagen the answer?** Baar K (USA)
- 12:30 **What's all the fuss about Vitamin D?** Close G (UK)
- 12:45 **Nutrition for the injured athlete - what can we learn from case studies?** Morton J (UK)
- 13:00 **Practical considerations on nutrition inside a club environment** Jeukendrup A (UK)
- 13:15 Discussion
- 13:30 Lunch Break



Youth to Senior: Performance & Wellbeing

- Chairs Cowie C (UK), Terrados N (ESP)
- 14:30 **The landscape of mental wellbeing in footballers** Littlewood M (UK)
- 14:45 **Adopting a new model of mental stress management in transition to first team football** Luthardt C (GER)
- 15:00 **Practical sports psychology toolkits to support performance outcomes** Ransom D (UK)
- 15:15 **Talent development and mindset** Langagergaard M (DEN)
- 15:30 Discussion
- 16:00 End of the Conference





# Free Oral Communications

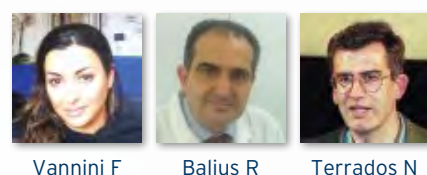
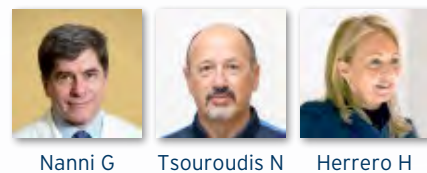
## ROMA ROOM

### Saturday 2<sup>nd</sup> June 2018

11:30 **Epidemiology**  
Chairs Nanni G (ITA), Tsouroudis N (GRE)

14:30 **Female football players**  
Chairs Herrero H (ESP), Vannini F (ITA)

16:30 **Medical Issues**  
Chairs Balias R (ESP), Terrados N (ESP)



### Sunday 3<sup>rd</sup> June 2018

8:30 **News in orthopedic surgery**  
Chairs Ardevol Cuesta J (ESP), De Carli A (ITA)

10:00 **Case Reports orthopaedics**  
Chairs Axe M (USA), Ayala Mejias J (ESP)

12:00 **Orthopedic Surgery**  
Chairs Canata G (ITA), Pereira H (POR)

14:30 **ACL injuries**  
Chairs Madonna V (ITA), Puigdemalliv J (ESP)

16:30 **Lessons from other sports**  
Chairs Papacostas E (GRE), Tsapralis K (ITA)



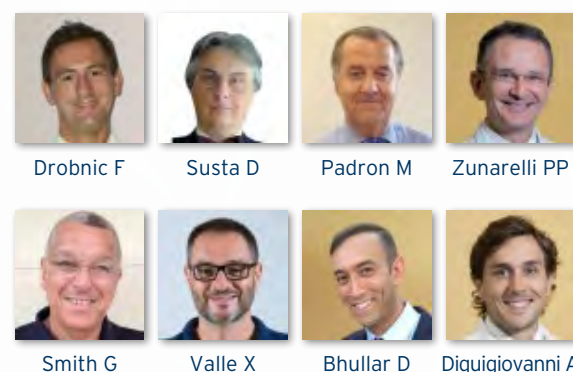
### Monday 4<sup>th</sup> June 2018

8:30 **Neuromotor training and re-training**  
Chairs Drobic F (ESP), Susta D (IRL)

10:00 **News in diagnosis**  
Chairs Padron M (ESP), Zunarelli PP (ITA)

12:00 **Case reports**  
Chairs Smith G (UK), Valle X (ESP)

14:30 **Manual Therapies**  
Chairs Bhullar D (UK), Diquigiovanni A (ITA)

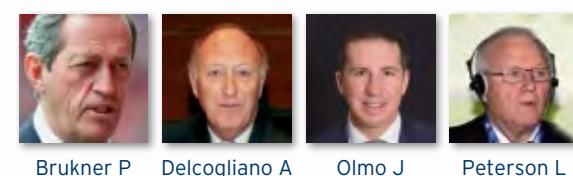


## PRESS ROOM

### Sunday 3<sup>rd</sup> June 2018

**Contest: best case report award**

10:00 First Session  
12:00 Second Session



# Free Poster Communications

## POSTER AREA

### Saturday 2<sup>nd</sup> June 2018

13:30-14:30 **Biomechanics**  
Chairs Boldrini L (ITA), Tamisari A (ITA)

13:30-14:30 **Case reports Contest**  
Chairs Brotto E (ITA), Stride M (UK)

13:30-14:30 **Case Reports orthopaedics**  
Chairs Respizzi S (ITA), Quaglia F (ITA)

13:30-14:30 **Functional Assessment**  
Chairs Galilea P (ESP), Roi GS (ITA)

13:30-14:30 **Joint Injuries**  
Chairs d'Orsi G (ITA), Praticò S (ITA)

13:30-14:30 **Muscle and Tendon Injuries**  
Chairs Frizziero A (ITA), Til Perez L (POR)



### Sunday 3<sup>rd</sup> June 2018

13:30-14:30 **Outcomes**  
Chairs Machi M (ITA), Jones C (UK)

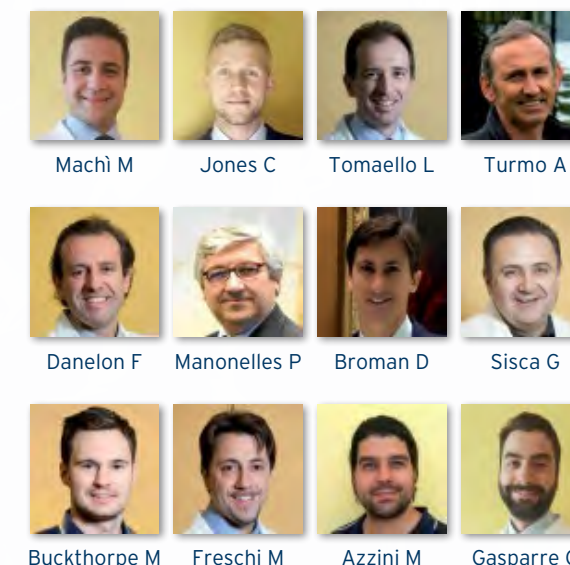
13:30-14:30 **Prevention**  
Chairs Tomaello L (ITA), Turmo A (ESP)

13:30-14:30 **Lessons from other sports**  
Chairs Danelon F (ITA), Manonelles P (ESP)

13:30-14:30 **Young football players**  
Chairs Broman D (UK), Sisca G (ITA)

13:30-14:30 **Monitoring athlete workloads**  
Chairs Buckthorpe M (ITA), Freschi M (ITA)

13:30-14:30 **Prevention**  
Chairs Azzini M (ITA), Gasparre G (ITA)





Faculty

Pag.

18 **Agricola Rintje Rotterdam (NED)** Orthopaedic Department, Erasmus MC

15 **Alfredson Håkan Umeå (SWE)** Orthopaedic Surgeon, Alfredson Tendon Clinic, Umeå University, Sweden

20 **Andersen Thor Einar Oslo (NOR)** Sports Medicine Physician, Norwegian FA, Clinic Oslo Sports Trauma Research Center, FMCE - FIFA

18 **Angele Peter Regensburg (GER)** Orthopaedic surgeon University Hospital Regensburg, FMCE - FIFA

18-20 **Ardern Clare Linköping (SWE)** Physiotherapist, Clinical Researcher Linköping University

22 **Ardevol Cuesta Jordi Barcelona (ESP)** Orthopaedic Surgeon, Past President of SETRADE and President of the Scientific Committee of SETRADE

20 **Arundale Amelia Linköping (SWE)** Physiotherapist/Post-doctoral research fellow Linköping University

17 **Askling Carl Stockholm (SWE)** Researcher and Lecturer the Swedish School of Sport and Health Science

21 **Atkinson Greg Middlesbrough (UK)** Biostatistician and Health Scientist Health and Social Care Institute, Teesside University

22 **Axe Michael Newark (USA)** Orthopaedic Surgeon & Clinical Professor, University of Delaware

22 **Ayala Mejias Juan Madrid (ESP)** Orthopaedic Surgeon, SETRADE Vice-President, Hospital San Rafael

23 **Azzini Matteo Verona (ITA)** Physiotherapist, Isokinetic Medical Group, FMCE - FIFA

21 **Baar Keith Davis (USA)** Professor of Molecular Exercise Physiology and Director of the Functional Molecular Biology Laboratory, University of California Davis

12 **Bahr Roald Oslo (NOR)** Sports Medicine Physician and Professor, Olso Sports Trauma Research Centre, FMCE - FIFA

22 **Balius Ramon Barcelona (ESP)** PhD, Sports Medicine Physician, Catalan Sports Council, Generalitat of Catalonia Clínica Diagonal

18 **Ball Simon London (UK)** Orthopaedic Surgeon, Fortius Clinic, FMCE - FIFA

21 **Bangsbo Jens Copenhagen (DEN)** Professor of Human Physiology and Exercise Physiology, University of Copenhagen

16 **Batty Phil London (UK)** Sports Medicine Physician, Isokinetic Medical Group, FMCE - FIFA

16 **Beasley Ian London (UK)** 1<sup>st</sup> Team Doctor West Ham Utd FC, Medical Adviser Royal Ballet Company, Senior Lecturer in SEM, Queen Mary University

14 **Benazzo Francesco Pavia (ITA)** Professor of Orthopaedics and traumatology University of Pavia, IRCCS Foundation Policlinico San Matteo

16 **Bengtsson Hakan Linköping (SWE)** Physiotherapist, Football Reasearch Group, PhD student at Linköping University

20 **Berruto Massimo Milano (ITA)** Orthopaedic Surgeon, Orthopaedic Institute Gaetano Pini

22 **Bhullar Dhirindar London (UK)** Osteopath, Isokinetic Medical Group, FMCE - FIFA

15 **Bizzini Mario Zürich (SUI)** Research Associate, Schulthess Clinic, Human Performance Lab, Swiss Concussion Center

23 **Boldrini Lorenzo Milano (ITA)** Sports Medicine Physician, Isokinetic Medical Group, FMCE - FIFA

23 **Broman Daniel London (UK)** Specialist Registrar in Sport & Exercise Medicine, Isokinetic Medical Group, FMCE - FIFA

23 **Brotto Emanuele Verona (ITA)** Sports Medicine Physician, Isokinetic Medical Group, FMCE - FIFA

17-22 **Brukner Peter Melbourne (AUS)** Professor of Sports Medicine, La Trobe University

20-23 **Buckthorpe Matthew Bologna (ITA)** PhD, Education & Research Department, Isokinetic Medical Group, FMCE - FIFA

21 **Burgess Darren London (UK)** Director of High Performance, Arsenal Football Club

14 **Calder James London (UK)** Orthopaedic Surgeon, Imperial College & Fortius Clinic, FMCE - FIFA

22 **Canata Gian Luigi Torino (ITA)** Orthopaedic Surgeon and Sports Medicine Physician, Director Centre of Sports Traumatology Koelliker Hospital

20 **Claes Steven Leuven (BEL)** Knee & Sports Surgeon, AZ Herentals, Katholieke Universiteit Leuven

20 **Clancy David London (UK)** Physiotherapist, Isokinetic Medical Group, FMCE - FIFA

21 **Close Graeme Liverpool (UK)** Professor of Physiology, Liverpool John Moores University, Head of Sport Nutrition Everton FC, Consultant England Rugby

16 **Cohen Moises São Paulo (BRA)** Full Professor and Chief of the Orthopaedic and Sports Medicine Department of the Federal University, Cohen Institute FMCE - FIFA

21 **Collins James London (UK)** Sport & Exercise Nutritionist, Head Nutritionist for Arsenal Football Club

17 **Connell David Melbourne (AUS)** Assoc Prof in Radiology, Monash University Director, Olympic Park Imaging

15 **Cook Jill Melbourne (AUS)** Physiotherapist, Professor La Trobe Sport and Exercise Medicine Research Centre

19 **Correa Diego Miami (USA)** Assistant Professor, Dept. Of Orthopaedics, University of Miami

21 **Cowie Charlotte Burton (UK)** Head of Medicine, Technical Directorate, The Football Association

19 **Cugat Ramon Barcelona (ESP)** Garcia Cugat Foundation Artroscofia G.C.

20 **Culvenor Adam Melbourne (AUS)** Physiotherapist & Early Career Research Fellow, La Trobe University

12 **d'Hooghe Michel Bruges (BEL)** FIFA and UEFA Medical Committee Chairman

14 **d'Hooghe Pieter Doha (QAT)** Orthopaedic Surgeon, Ass. Chief of Surgery (research) Aspetar Hospital, FMCE - FIFA

23 **d'Orsi Giovanni Maria Roma (ITA)** Physiatrist, Isokinetic Medical Group, FMCE - FIFA

14 **Dalmau Miquel Barcelona (ESP)** PhD, Anatomist, Human Anatomy and Embryology Unit, University of Barcelona

23 **Danelon Fyrio Milano (ITA)** Sports Medicine Physician, Isokinetic Medical Group, FMCE - FIFA

16 **Davison Mike London (UK)** London Clinic Managing Director, Isokinetic Medical Group, FMCE - FIFA

22 **De Carli Angelo Roma (ITA)** Orthopaedic Surgeon and Sports Medicine Physician, Italian U21 Football Team

19 **De Girolamo Laura Milano (ITA)** Director of Research Unit/Laboratory, IRCCS Galeazzi Orthopaedic Institute

17-22 **Delcogliano Antonio Roma (ITA)** Associate Professor of Orthopaedics and Traumatology Ars Medica, Roma

20 **Della Villa Francesco Los Angeles (USA)** Sports Medicine Resident Physician, Santa Monica Orthopaedic Group & Isokinetic Medical Group, FMCE - FIFA

12 **Della Villa Stefano Bologna (ITA)** Physiatrist, President of Isokinetic Medical Group, FMCE - FIFA

18 **Denti Matteo Milano (ITA), Lugano (SUI)** Orthopaedic Surgeon, past President of ESSKA

22 **Diquigiovanni Alessandro Bologna (ITA)** Chiropractor, Isokinetic Medical Group, FMCE - FIFA

22 **Drobnic Franchek Barcelona (ESP)** Sports Medicine Physician FCBarcelona, Olympic Training Center, Hospital S. Juan de Dios, FMCE - FIFA

21 **Dupont Grégory Lille (FRA)** Fitness coach and PhD, Lille Football Club - LOSC

12-15 **Dvorak Jiri Zurich (SUI)** MD, Neurologist, Spine Specialist

15 **Edwards Tony Auckland (NZL)** Sports Medicine Physician, Axis sports Medicine Specialists, FMCE - FIFA

21 **Eirale Cristiano Doha (QAT)** Sports Medicine Physician, Aspetar Hospital, FMCE - FIFA

12-16 **Ekstrand Jan Linköping (SWE)** Sports Medicine Physician Professor Football Research Group, Linköping University

20 **Engebretsen Lars Oslo (NOR)** Professor at the Department of orthopaedic surgery, University of Oslo, Olso Sports Trauma Research Centre, FMCE - FIFA

16 **English Bryan London (UK)** Head of Football Medicine and Athletic Rehabilitation Middlesbrough Football Club

18 **Erggelet Chris Zurich (SUI)** Professor of Orthopaedic surgery and Traumatology Alphaclinic

13 **Esprequeira-Mendes Joao Porto (POR)** Chairman of Clínica do Dragão FMCE - FIFA, ISAKOS' Board Member, FC Porto consultant

18 **Fahy Damian London (UK)** Orthopaedic Surgeon Fortius Clinic , FMCE - FIFA

16 **Fearn Jon London (UK)** 1<sup>st</sup> Team Physiotherapist, Chelsea Football Club

15 **Feddermann Nina Zurich (SUI)** Neurologist, University Hospital, University of Zurich, Swiss Concussion Center

16 **Fevre David Blackburn (UK)** Sports Physiotherapist Clinician and Lecturer

15 **Filardo Giuseppe Bologna (ITA)** Orthopaedic Researcher Rizzoli Orthopaedic Institute

20 **Forssblad Magnus Stockholm (SWE)** Orthopaedic Surgeon, Ass. Professor Stockholm Sports Trauma Research Center, Karolinska Institutet, FMCE - FIFA

16 **Franklyn Miller Andy Dublin (IRL)** Sports Medicine Physician Country Republic of Ireland, Director Global Development, Sports Surgery Clinic

Faculty

Pag.

23 **Freschi Marco Milano (ITA)** Sports Medicine Physician, Isokinetic Medical Group, FMCE - FIFA

23 **Frizziero Antonio Padova (ITA)** Assistant Professor Department of Physical Medicine and Rehabilitation Univeristy Padova

13 **Fu Freddie Pittsburgh (USA)** David Silver Professor and Chairman, Dept. Of Orthopaedic Surgery, University of Pittsburgh

23 **Galilea Pedro Barcelona (ESP)** Sports Medicine Physician Dept. Physiology and Nutrition, CAR, Sant Cugat del Vallés

23 **Gasparre Giuseppe Rimini (ITA)** Physiatrist, Isokinetic Medical Group, FMCE - FIFA

20 **Geertsema Celeste Doha (QAT)** Sports Medicine Physician, Aspetar Hospital, FMCE - FIFA

13 **Gillogly Scott Doha (QAT)** Orthopaedic Surgeon, Chief Medical Officer, Aspetar Hospital, FMCE - FIFA

21 **Gimpel Mo Southampton (UK)** Physiotherapist, director of Sports Medicine & Science Performance support, Southampton FC

17 **Glasgow Phil Belfast (IRL)** Physiotherapist, Irish Rugby Football Union

19 **Gobbi Alberto Milano (ITA)** O.A.S.I. Bioresearch Foundation NPO, University California San Diego, President ICRS, Board of Directors ISAKOS

18 **Gouttebargé Vincent Amsterdam (NED)** Former professional footballer, Chief Medical Officer World Players' Union FIFPro

17 **Grabowski Radoslaw Lodz (POL)** MD, Medical University of Lodz, SPORTO - Sport injuries and rehabilitation clinic, Widzew Lodz team doctor

21 **Gregson Warren Doha (QAT)** Aspire Academy/Qatar FA & Football Exchange, Liverpool John Moore University

16 **Griffin Damian Warwick (UK)** Professor of Trauma and Orthopaedic Surgery, Warwick Medical School

20 **Grindem Hege Oslo (NOR)** Senior researcher and physical therapist, Norwegian School of Sport Sciences and Norwegian Sports Medicine Clinic

19 **Guillen Pedro Madrid (ESP)** Orthopaedic Surgeon Fundacio Pedro Guillen, clinica CEMTRO, FMCE - FIFA

13 **Haddad Fares London (UK)** Professor of Orthopaedic and Sports Surgery Director ISEH, University College Hospitals

16 **Hagglund Martin Linköping (SWE)** Physiotherapist, Associate professor Linköping University, Department of Medical and Health Sciences

20 **Hambly Karen Medway (UK)** Senior Lecturer in Sports Therapy, School of Sport and Exercise Sciences, University of Kent

12 **Harøy Joar Oslo (NOR)** Sports Physiotherapist MSc and PhD student, Norwegian School of Sport Science, Oslo Sports Trauma Research Center, FMCE - FIFA

16 **Healy Jerry London (UK)** Consultant Musculoskeletal Radiologist Fortius Clinic, FMCE - FIFA

17 **Heiderscheit Bryan Madison (USA)** Professor, Department of Orthopaedics and Rehabilitation, Department of Biomedical Engineering

22 **Herrero Helena Madrid (ESP)** MD, PhD, Chief Medical Officer, Real Federación Española de Fútbol

20 **Hewett Tim Minneapolis & Rochester (USA)** Professor and Director Mayo Clinic

16 **Holmich Per Copenhagen (DEN)** Professor of Orthopaedic Surgery Sports Orthopaedic Research Center Copenhagen (SORC-C) University Hospital

12 **Houghton Jon London (UK)** Fortius Clinic Consultant in Sports Medicine and Rheumatology

18 **Jarvinen Teppo Helsinki (FIN)** Professor, Orthopaedic surgeon, University of Helsinki and Helsinki University Hospital

21 **Jaeukendrup Asker Birmingham (UK)** Professor and Performance Consultant, Mysportscience Ltd

23 **Jones Chris London (UK)** Sports Medicine Physician, Isokinetic Medical Group, FMCE - FIFA

15 **Jones Henrique Montijo & Setubal (POR)** Orthopaedic surgeon and Sports medicine physician Clinica Ortopédica do Montijo/ Hospital da Luz Setubal

19 **Jorgensen Christian Montpellier (FRA)** Rheumatologist, scientist, MD, PhD, director institute regenerative medicine Univ hospital CHU Montpellier

13 **Karlsson Jón Gothenburg (SWE)** Professor of Orthopaedics and Sports Traumatology, Sahlgrenska University Hospital and Academy

18 **Kemp Joanne Melbourne (AUS)** PhD and Sports Physiotherapist, La Trobe Sport and Exercise Medicine Research Centre

14 **Kennedy John New York (USA)** Orthopaedic Surgeon Hospital for Special Surgery Cornell Medical School

14 **Kerkhoffs Gino Amsterdam (NED)** Orthopaedic Surgeon Chair Department of Orthopaedic Surgery, Amsterdam Medical Center

17 **Khan Karim Vancouver (CAN)** Professor & Editor in Chief British Journal of Sports Medicine (BJSM)

13-20 **Knowles Bill Philadelphia (USA)** HPSports Director of Reconditioning and Athletic Development Certified Athletic Trainer

19 **Kon Elizaveta Milano (ITA)** Humanitas University, knee functional and biological reconstruction center, Humanitas Research Hospital

20 **Krutsch Werner Regensburg (GER)** MD, Associate Professor Football Association Bayern, University Medical Centre Regensburg, FMCE - FIFA

21 **Langagergaard Martin Aalborg (DEN)** Sport Psychology Consultant, Aalborg BK

21 **Lisboa Paulo Liverpool (UK)** Professor and Head of Department of Applied Mathematics, BSc, PhD, FIMA, Cmaths, Liverpool John Moores University

21 **Littlewood Martin Liverpool (UK)** Faculty of Science, Sport and Exercise Sciences, John Moores University

21 **Luthardt Christian Munich (GER)** Sport Psychologist, FC Bayern Munich Youth Academy

23 **Machi Marco Verona (ITA)** Physiatrist, Isokinetic Medical Group, FMCE - FIFA

22 **Madonna Vincenzo Verona (ITA)** Orthopaedic Surgeon Sacro Cuore Don Calabria hospital of Negrar

15 **Maffulli Nicola Salerno (ITA)** Professor of Trauma and Orthopaedic Surgery, Queen Mary University of London, University of Salerno

17 **Malliaropoulos Nikos Thessaloniki (GRE), London (UK)** Consult Hon Sports and Exercise Medicine Bart's and the London Senior Clinical Lecturer S

13 **Mandelbaum Bert Santa Monica (USA)** Orthopaedic Surgeon Kerlan Jobe Institute, LA Galaxy, US Soccer, Pepperdine University, FMCE - FIFA

23 **Manonelles Pedro Murcia (ESP)** Sports Medicine Physician, Medicine Director of the Dept. of Sports Medicine, University of Murcia, President of the spanish society of SM

13 **Marcacci Maurilio Milano (ITA)** Orthopaedic Surgeon Humanitas Research Hospital

16 **Marconato Alessandro London (UK)** Physiotherapist, Isokinetic Medical Group, FMCE - FIFA

21 **McCall Alan London (UK)** Consultant Head of Research and Development Arsenal Football Club

21 **Medina Daniel Philadelphia (USA)** Sports Medicine Physician VP Athlete Care Philadelphia 76ers

20 **Melegati Gianluca Milano (ITA)** Sports Medicine Physician, Physical Medicine and Sports Rehabilitation Galeazzi Orthopaedic Institute

20 **Millson Helen Cape Town (RSA)** Sports Physiotherapist (M.Phil; MCSP; 4<sup>th</sup> year PhD student) England and South Africa

12 **Mones i Carilla Jordi Barcelona (ESP)** Ophthalmologist, Barcelona Macula Foundation, Memeber of board Barça Innovation Hub

21 **Morton James Liverpool (UK)** Reader in Exercise Metabolism John Moores University, Physical Performance Head of Nutrition, Team Sky

16 **Muschaweck Ulrike Munich (GER)** Orthopaedic Surgeon, Specialist in hernia surgery and groin pathologies in athletes

22 **Nanni Gianni Bologna (ITA)** Sports Medicine Physician, BolognaFC, Isokinetic Medical Group, FMCE - FIFA

20 **Nathwani Dinesh London (UK)** Head of Specialty Trauma & Orthopaedic Surgery Imperial College Healthcare Charing Cross & St Mary's Hospitals

21 **Newell John Galway (IRL)** Professor of Biostatistics School of Mathematics, Statistics and Applied Mathematics, National University of Ireland Galway

13 **Neyret Philippe Lyon (FRA)** Professor University, Visiting Professor Healthpoint (Abu Dhabi)

14 **Nikolaou Pantelis Athens (GRE)** Orthopaedic Surgeon, Director Orthopaedic Clinic, Division Sports Medicine, Athens Medical Center

12 **O'Brien James Salzburg (AUT)** Sports Physiotherapist FC Red Bull Salzburg

12-17-22 **Olmo Jesus Granada (ESP)** PM&R Specialist, Medical Director in Futbol-Tec

17 **Opar David Melbourne (AUS)** Exercise Scientist & Researcher, Australian Catholic University

17 **Orava Sakari Naantali (FIN)** Professor, MD, Orthopaedic Surgeon Hospital NEO, Turku

22 **Padron Mario Madrid (ESP)** Radiologist, Dept. of Ragiology Clinica CEMTRO, FMCE - FIFA

18 **Panics Gergely Budapest (HUN)** Assistant Professor Semmelweis University Budapest Dept Traumatology FMCE - FIFA, Head of Medical Services Ferencvarosi TC

22 **Papacostas Emanuel Thessaloniki (GRE)** Sports Orthopaedic Surgeon, TheMIS Orthopaedic Center, Head Medical Officer PAOK FC

19 **Papalia Rocco Roma (ITA)** Orthopaedic Surgeon, Full Professor, Campus BIO-MEDICO University Hospital

15 **Pedrinelli André São Paulo (BRA)** Director of the Instituto de Ortopedia e Traumatologia FMCE - FIFA , Professor, Department of Orthopaedics, University of Sao Paulo

19 **Peirau Xavier Barcelona (ESP)** Sports Medicine Physician, ITRT (Centro Médico Teknon)



- Pag.
- 22 **Pereira Helder Porto (POR)** Ripoll y De Prado Sports Clinic FMCE - FIFA, Orthopaedic Department of Póvoa de Varzim Vila do Conde
- 19 **Peretti Giuseppe Milano (ITA)** Professor University of Milan, Orthopaedic Institute Galeazzi
- 17-22 **Peterson Lars Gothenburg (SWE)** Professor of Orthopaedics University of Gothenburg
- 18 **Pigozzi Fabio Roma (ITA)** President FIMS, Lausanne, Switzerland Professor of Internal Medicine and Rector University of Rome “Foro Italico”
- 17 **Pizzari Tania Melbourne (AUS)** Physiotherapist, La Trobe Sports and Exercise Medicine Research Centre, La Trobe University
- 17 **Pollock Noel London (UK)** Sports Physician, British Athletics Chief Medical Officer
- 13 **Pombo Mathew Atlanta & Georgia (USA)** Orthopaedic Sports Medicine, Emory University/Emory Sports Medicine
- 23 **Praticò Santo Milano (ITA)** Physiatrist, Isokinetic Medical Group, FMCE - FIFA
- 17 **Pruna Ricard Barcelona (ESP)** Sports and Exercise Physician, Head of Medical FC Barcelona, FMCE - FIFA
- 16 **Puga Nelson Porto (POR)** Sports Medicine Physician, FC Porto (Head of the FC Porto Medical Department)
- 22 **Puigdemallivol Jordi Barcelona (ESP)** Orthopaedic Surgeon, FCBarcelona Medical Department, FMCE - FIFA
- 15 **Putukian Margot Princeton (USA)** Director of Athletic Medicine, Head Team Physician, Assistant Director Medical Services, Princeton University
- 23 **Quaglia Flavio Torino (ITA)** Orthopaedic Surgeon Sports Clinica Fornaca Center
- 21 **Ransom Daniel Liverpool (UK)** Academy Psychologist, Manchester United Football Club.
- 21 **Reche Xavier Barcelona (ESP)** Sport Scientist, FC Barcelona
- 20 **Reider Bruce Chicago (USA)** Editor-in-Chief, AJSM and OJSM, Professor of Orthopaedic Surgery, Emeritus, University of Chicago
- 18 **Requena Bernardo Granada (ESP)** Football Sport Scientist & Strength and Conditioning Specialist, Head of Performance in FutbolTec
- 23 **Respizzi Stefano Milano (ITA)** Physiatrist & Sports Medicine Physician, Isokinetic Medical Group, FMCE - FIFA
- 21 **Roberts Craig Bournemouth (UK)** Sports Medicine Physician, Head of Medical, AFC Bournemouth
- 21 **Rodas Gil Barcelona (ESP)** Sports Medicine Physician Department of Knowledge and Innovation FCBarcelona, FMCE - FIFA
- 23 **Roi Giulio Sergio Bologna (ITA)** Sports Medicine Physician Director of Education & Research Dept. Isokinetic Medical Group, FMCE - FIFA
- 18 **Roos Ewa Odense M (DEN)** Physical Therapist, Professor University of Southern Denmark
- 19 **Rosa Donato Napoli (ITA)** Orthopaedic Surgeon, aggregate professor University Federico II Napoli
- 21 **Ruiz Hector Barcelona (ESP)** Data Scientist STATS
- 18 **Salzmann Gian Zurich (SUI)** Trauma and Orthopaedic Surgeon, Sports Medicine, Schulthess Clinic
- 20 **Saris Daniel Rochester (USA)** Orthopaedic Surgeon, Professor of Orthopaedic Surgery, Mayo Clinic
- 18 **Sas Kristof Ronse (BEL)** Sports Medicine, RSC Anderlecht, AZ Glorieux
- 16 **Schilders Ernest London (UK)** Orthopaedic Surgeon, Professor, Carnegie School of Sport, Leeds Beckett University, Fortius Clinic, FMCE - FIFA
- 15 **Schneider Christian Munich (GER)** Orthopaedic Surgeon and Sports Medicine Specialist Munich, FMCE - FIFA
- 20 **Seil Romain Luxembourg (LUX)** Orthopaedic Surgeon, Professor, President of ESSKA, Clinique d'Eic, Luzemburg Olympic Medical Center
- 18 **Serner Andreas Doha (QAT)** Physiotherapist, PhD, Clinical Research Scientist, Aspetar Hospital, FMCE - FIFA
- 16 **Serratosa Luis Madrid (ESP)** Sports Medicine Physician Hospital Universitario Quironsalud Madrid Ripoll & De Prado Sport Clinic, FMCE - FIFA
- 20 **Servien Elvire Lyon (FRA)** Professor in Orthopaedics Surgery, Hospital de la Croix-Rousse Lyon University Center Albert Trillat, FMCE - FIFA
- 20 **Silvers Holly Los Angeles (USA)** Physical Therapist/PhD, Velocity Physical Therapy & Major League Soccer (MLS)
- 23 **Sisca Giovanbattista Bologna (ITA)** Sports Medicine Physician, Bologna FC, Isokinetic Medical Group, FMCE - FIFA
- 22 **Smith Graham Glasgow (UK)** Physiotherapist, Rehabilitation and Sports Injury Consultant
- 20 **Snyder-Mackler Lynn Newark (USA)** Professor Department of Physical Therapy University of Delaware
- 13 **Sonnery-Cottet Bertrand Lyon (FRA)** Orthopaedic Surgeon Hôpital Privé Jean Mermoz Centre Orthopédique Santy, FMCE - FIFA
- 18 **Spalding Tim Coventry (UK)** Specialist Knee Surgeon University Hospital Coventry and Warwickshire NHS Trust
- 23 **Stride Matthew London (UK)** Sports Medicine Physician, Isokinetic Medical Group, FMCE - FIFA
- 22 **Susta Davide Dublin (IRL)** Sports Medicine Physician Lecturer, Athletic Therapy and training programme DCU Dublin City University
- 13 **Sweetnam David London (UK)** Orthopaedic Surgeon with a specialist interest in Sports Medicine
- 23 **Tamisari Antonio Bologna (ITA)** Physiotherapist, Isokinetic Medical Group, FMCE - FIFA
- 12 **Tencone Fabrizio Torino (ITA)** Sports Medicine Physician, Isokinetic Medical Group, FMCE - FIFA
- 21-22 **Terrados Nicolas Oviedo (ESP)** Sports Medicine Physician and Associate Professor in Exercise Physiology, Sports Medicine of Principado de Asturias
- 17 **Theos Christos Athens (GRE)** Orthopaedic Surgeon Director Metropolitan Hospital, N. Faliro Athens, Team doctor of Olympiacos FC
- 12 **Thorborg Kristian Copenhagen (DEN)** Sports Physiotherapist Associate Professor, Copenhagen University, Hospital Hvidovre
- 23 **Til Perez Lluís Lisbon (POR)** Orthopaedic and Sports Medicine, Director Human Performance Department, Sport Lisboa e Benfica
- 23 **Tomaello Luca Torino (ITA)** Physiatrist, Isokinetic Medical Group, FMCE - FIFA
- 22 **Tsapralis Kyriakos Bologna (ITA)** Sports Medicine Physician Isokinetic Medical Group FMCE - FIFA
- 22 **Tsouroudis Nikos Athen (GRE)** Sports Medicine Physician APOEL FC Nicosia, Cyprus
- 19 **Turmezei Tom Norwich (UK)** Consultant Musculoskeletal Radiologist, Honorary Senior Lecturer, Norfolk and Norwich University
- 23 **Turmo Antonio Barcelona (ESP)** Sports Medicine Physician Medical Director RCD Espanyol de Barcelona, CAR San Cugat de Vallés
- 12 **Ueblacker Peter Munich (GER)** Orthopaedic Surgeon, Sports Medicine Physician Mueller-Wohlfart Center
- 22 **Valle Xavier Barcelona (ESP)** Sports Medicine Physician, Medical Services of FC Barcelona, FMCE - FIFA
- 17 **Van Dyk Nicol Doha (QAT)** Physiotherapist, Aspetar Orthopaedic and Sports Medicine Hospital
- 22 **Vannini Francesca Bologna (ITA)** Orthopaedic Surgeon Rizzoli Orthopaedic Institute
- 21 **Vanrenterghem Jos Leuven (BEL)** Biomechanist, Leuven University
- 18 **Varandas Frederico Lisbon (POR)** Sports Medicine Physician & Physiatrist, Clinical Director ComCorpus clinic and Sporting Clube Portugal
- 18 **Von Bormann Richard Cape Town (RSA)** Orthopaedic Knee Surgeon Cape Town Sports and Orthopaedic Clinic & University of Cape Town
- 12-16 **Walden Markus Linkoping (SWE)** Orthopaedic Surgeon Football Research Group
- 20 **Webster Kate Melbourne (AUS)** Associate Professor and Director Sports, Exercise and Rehabilitation Research Focus Area La Trobe University
- 16 **Weir Adam Rotterdam (NED)** Erasmus MC Center for Groin Injuries, Erasmus MC University Medical Centre, Rotterdam, Aspetar Hospital, FMCE - FIFA
- 15 **Whiteley Rodney Doha (QAT)** Physiotherapist at Aspetar Hospital, FMCE - FIFA
- 13 **Williams Andy London (UK)** Orthopaedic Surgeon Fortius Clinic, FMCE - FIFA
- 19 **Williams Riley New York (USA)** HSS, Weill Cornell Medical College, Head Team Physician Brooklyn Nets and NY Red Bulls, Team Physician USA Basketball
- 20 **Wivtrouw Erik Gent (BEL)** Full Professor Ghent University
- 12 **Zaffagnini Stefano Bologna (ITA)** Full Professor of Orthopaedics University of Bologna Rizzoli Orthopaedic Institute Past President of SIGASCOT
- 18 **Zanobbi Marco London (UK)** Physiotherapist Isokinetic Medical Group, FMCE - FIFA
- 19 **Zaslav Ken Richmond (USA)** Orthopaedic Surgeon Virginia Commonwealth University
- 13 **Zorzi Claudio Verona (ITA)** Orthopaedic Surgeon Sacro Cuore Don Calabria Hospital of Negrar
- 22 **Zunarelli Pierpaolo Bologna (ITA)** Sports Medicine Physician Isokinetic Medical Group, FMCE - FIFA

For registration please visit [www.footballmedicinestrategies.com](http://www.footballmedicinestrategies.com) and fill the online form in the “Registration” section.

ATTENDANCE QUOTES	Until March 26 <sup>th</sup> , 2018	From March 27 <sup>th</sup> , 2018
Three days (Saturday, Sunday and Monday)	580 €	800 €
Single day (Saturday or Sunday or Monday)	380 €	500 €
STUDENTS Three days (Saturday, Sunday and Monday)	380 €	500 €
STUDENTS Single day (Saturday or Sunday or Monday)	300 €	380 €

**THE REGISTRATION FEE INCLUDES:** Admission to all scientific Sessions, Admission to the exhibition hall and networking area, Admission to sponsored workshops (depending on room capacity), Conference material (conference bag, abstract book & Conference Programme), Coffee and lunch Breaks, Certificate of attendance, Free Wi-Fi.

**PAYMENT:** Payment can be made by Credit Card or Bank Transfer.

**OFFICIAL LANGUAGE OF THE CONFERENCE:** English

CME CREDITS

An application will be made to the European Accreditation Council for Continuing Medical Education (EACCME) for CME accreditation of this event.

VENUE

**THE CAMP NOU:** c/Arístides Maillol, s/n 08028 Barcelona  
**CONFERENCE MAIN ENTRANCE:** Access 7, Avenida Joan XXIII, s/n  
**OTHER CONFERENCE ENTRANCES:** Access 9 and 15

TRAVEL & ACCOMMODATION

Organise your trip in advance and save money.  
Felsina Viaggi, ROBINTUR Spa, is just a click away: ready to help your planning.  
Email queries at [isokinetic2018@robintur.it](mailto:isokinetic2018@robintur.it)  
or call (+39) 051 576476



KEY DATES

Deadline for submission of Scientific Contributions	15 <sup>th</sup> January, 2018
Confirmation of acceptance of Scientific Contributions	1 <sup>st</sup> March, 2018
Deadline for early bird registration	26 <sup>th</sup> March, 2018
Online registration closes	29 <sup>th</sup> May, 2018

This brochure was last updated on the 11<sup>th</sup> December 2017.





**ISOKINETIC  
MEDICAL  
GROUP**



Hosted by:



**BARÇA  
INNOVATION HUB**

[footballmedicinestrategies.com](http://footballmedicinestrategies.com)



**ISOKINETIC**

[www.isokinetic.com](http://www.isokinetic.com)

BOLOGNA

LONDON

MILAN

RIMINI

ROME

TURIN

VERONA