

ZRS – EMUNI Summer School 2018



»HALS – Healthy and Active Lifestyle« Summer School

Duration: 7 days (from 3rd to 9th September 2018)

Credits: 3 ECTS

Application deadline: 15th June 2018

THE SUMMER SCHOOL IS DESIGNED FOR:

- Post-graduate students (Master's and Doctoral students) of kinesiology, physiotherapy, PE teachers, personal trainers and their border fields.

WHAT DOES THE SUMMER SCHOOL OFFER?

1) STUDY: A week of intense academic courses, lectures and workshops covering key topics in kinesiology (physiology, healthy lifestyle, performance and rehabilitation...). The course is designed to give students a high-quality overview of innovative approaches to kinesiology to make them competent for facing the problems of contemporary lifestyles.

2) EXPERIENCE, PRACTICE & LEARNING: Custom-organized specialized study with active workshops both in the lab and with outdoor activities which enables immediate application of new knowledge into practice, being entertained at the same time.

3) RESOURCES: Profiled volume of reading material and facilities / research equipment will be available as well as the access to library. Fully equipped mobile kinesiology laboratory will be available for the duration of the summer school.

4) GUIDANCE: Upon individual arrangement, a diverse group of internationally-known scholars in kinesiology (physiology, biomechanics, nutrition, motor control and learning) can provide you with guidance and advice for your future research work.

PRICE OPTIONS:

We offer basic package and some pay-on-the-spot additional activities.

BASIC PACKAGE: 350,00 €

- Lectures and workshops
- Course material and lab equipment
- Mediterranean welcome dinner and farewell party
- Transfer to Koper– visit of Mediterranean Health Centre
- *Accommodation is not included in the basic price package, but we can assist you by providing a list of the hotels, private accommodation and hostels nearby.*

EXTRA ACTIVITIES

- Olive oil and local vine tasting (10 €)
- Visit to the traditional salt pans by boat (10 €)
- Guided tour of Piran (5 €).