

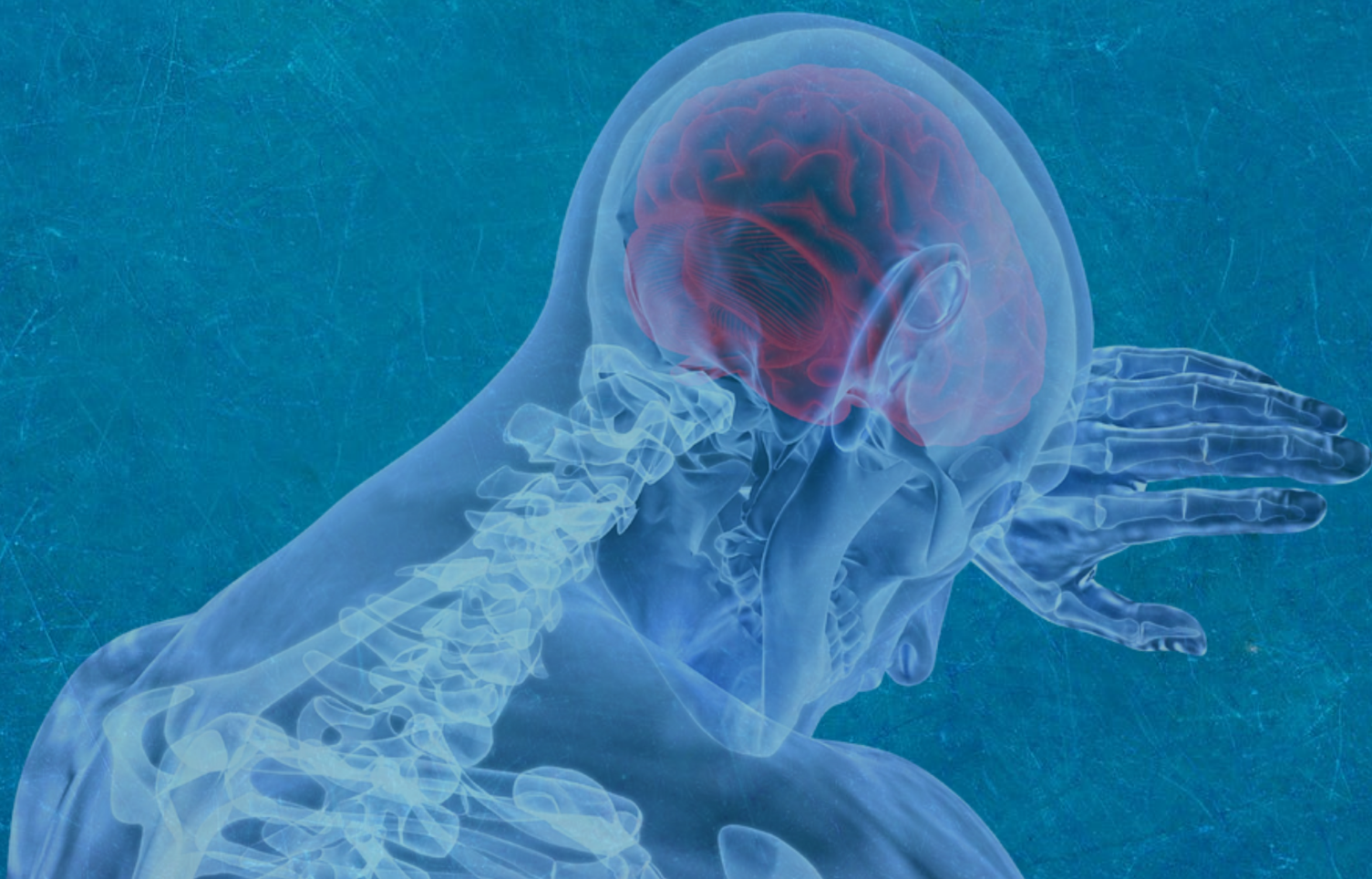


NTU Sport

Concussion Symposium 2018

Wednesday, September 5th

Nottingham Trent University - City Campus



Concussion Symposium 2018



Mike Whichello is the Head of Physiotherapy at Nottingham Trent University. His focus over the past 9 months has been to develop a completely new Physiotherapy provision to service performance sports athletes across a number of sports.

One of his main focuses as part of this role has been to devise and implement a robust concussion pathway for all athletes, across all levels of all University sports. This has been guided by the various NGB protocols GRTP pathways, as well as considerations of performance lifestyle support, and academic support for the student athlete.



Dr Dean Chatterjee is club doctor for Notts County Football Club. He runs CPD sessions on match day as well as providing experience and insight into the role of a club doctor to medical students and junior doctors with an interest in Sports and Exercise Medicine.

He is also involved with England athletics, British Gymnastics and is a classifier for British Paracycling. He has a keen interest in concussion and management in sport.

Speaker Bios



Prof. Tony Belli is a Professor of Trauma Neurosurgery and Director of the Surgical Reconstruction and Microbiology Research Centre (SRMCR) based at the Queen Elizabeth Hospital Birmingham (<http://www.srmrc.nihr.ac.uk/>). The SRMRC is a leading centre for trauma research and was founded in 2011 with £20M grant from NIHR, MoD, the University of Birmingham and University Hospitals Birmingham. He heads the neurotrauma research theme, which carries out translational research on traumatic brain injury and spinal cord injury. He is also a practising neurosurgeon at the Queen Elizabeth Hospital where he leads the Neurotrauma service.



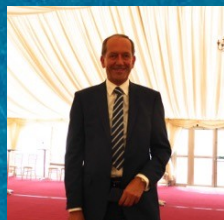
Melissa Roe - Since qualifying as an Occupational Therapist, Melissa has worked within Nottingham University Hospitals in various clinical areas. For the last 10 years she has worked within neurology, both within the acute setting, inpatient rehabilitation and community setting. Currently I work for the Nottingham Traumatic Brain Injury Service based at Nottingham City Hospital and provide rehabilitation to survivors of brain injury. Her work includes increasing independence in life skills, cognitive rehabilitation and vocational rehabilitation. She has been recruited as a 'Health and Work champion' which is part of a national project by public health England and the Royal College of Occupational Therapists to promote people with disabilities sustain employment. Melissa is a board of trustee member for Nottingham Headway, a charity which she passionate about supporting.



Dr Mike Rossiter— is a Consultant in Sport and Exercise Medicine (SEM) & MSK Lead at Hampshire Hospitals NHS Foundation Trust. He has worked with a variety of professional sports, including CMO for GB Hockey, attending three Commonwealth and three Olympic Games (including the Gold medal for the Women at Rio 2016) as well as European and World Cups as the team doctor. He has been club doctor at London Irish, Southampton FC and CMO for GB Synchronised Swimming and worked as a Sports Physician for the English Institute of Sport, at Bisham Abbey, for 9 years, treating elite able-bodied and disabled athletes across many sports. He is one of the match day doctors at Twickenham covering immediate care for the players or as one of the independent match day doctors for concussion (including the Rugby World Cup final in 2015), tutor on the RFU's Pre-Hospital Immediate Care in Sport Course and independent match reviewer for concussive events in Rugby from Premiership to International matches. His most recent post was as Team England CMO for the 2018 Commonwealth Games in Australia.



Ian Gatt is a senior practitioner with the English Institute of Sport and Lead Physiotherapist for GB Boxing having provided services throughout the London 2012, Rio 2016 and current Tokyo 2020 Olympic cycles. Ian is a visiting lecturer at UCL and has been an associate lecturer at SHU where he is also currently undergoing a PhD in Wrist Biomechanics. Further, he provides private specialist consultations to the public in Sheffield, London, and Malta.



Dr Mark Waller - Team doctor Liverpool F.C. 1993-2010. England Under 21 team doctor 2000-2010, 2012-13; Medical director Al Jazira Sports and Cultural Club 2010; Team doctor Aston Villa FC 2011; Team doctor Hull City FC 2013-2018; Team doctor Rangers FC 2018- ongoing.



Tracey Russell has been Lead Physiotherapist at Championship Rugby side Nottingham RFC for the past 4 years. She has been working in professional and elite sport for 6 years and has developed a special interest in concussion management and rehabilitation due to her experiences working in professional rugby.



Dr Patrick O'Halloran is a GP and Sport and Exercise Medicine Registrar based in the West Midlands. He is currently taking time out of his clinical training to work as a Research Fellow at the University of Birmingham under Professor Tony Belli. His research is focused on the utility of salivary and urinary MicroRNA markers in Sport Related Concussion. He has previously worked with several rugby union clubs and now works at the Wolverhampton Wanderers FC Academy.



Stephanie Adams is a PhD concussion researcher within the Institute for Sport, Physical Education & Health Sciences at the University of Edinburgh, Stephanie's current research focuses on concussion in motorsport, particularly concussion education. Recently, she developed and assessed the first concussion education intervention specifically for motorsport, which has the potential to impact concussion education across sport in general.



Dr Chris Tomlinson is a Senior Sports Physician at the English Institute of Sport. He is Chief Medical Officer to British Gymnastics, and works in the NHS as a SEM Consultant. He has 14 years' experience in professional football.

08:15 Registration and Coffee

09:00-09:10 Welcome and overview

09:10– 10:00 - Professor Tony Belli (Professor of Trauma Neurosurgery and consultant neuro surgeon, director of NIHR SRMRC. Advisor to the RFU and FA on concussion injury management) ***Physiology of Sports concussion, recognition, and rationale behind recovery and recurrent concussion management.***

10:00-10:30 -Dr Mike Rossiter (Chief Medical Officer – Commonwealth Games) ***SCAT 5 – understanding the methods and Rationale for assessment.***

10:30 – 10:45 Coffee + Stalls

10:45-11:15 Dr Mark Waller (Team Doctor Hull City Tigers FC) –***Pitch-side management in football –a case study discussion.***

11:15 – 11:45 Ian Gatt (Lead Physiotherapist, GB Boxing) —**Graded Return To Performance - Physiology, Timescales and considerations beyond the protocol**

11:45–12:30- Panel Discussion— Prof. Antonio Belli, Dr Mark Waller, and Ian Gatt— *Inc BJSM Podcast*

12:30 - 1:15 Lunch + Stalls

13:15– 13:45 Stephanie Adams (Researcher in Concussion and motorsport) – ***Understanding the Psychosocial implications in concussion management***

13:45–14:15 Melissa Roe (Senior Occupational therapist for the Nottingham Traumatic Brain Injury Service, Board Trustee (Headway Nottingham)) - ***MDT management – beyond the sporting environment.***

14:15 – Coffee + Stalls

14:30 – 15:00 Tracey Russell (Lead Physiotherapist , Nottingham Rugby Club) - **A Case Study of Complex Post concussion Syndrome.**

15:00-15:45 Dr Chris Tomlinson (Consultant sports Physician – EIS; Chief Medical officer British Gymnastics) and **Dr Patrick O'Halloran** (Sports Concussion Research Fellow at University of Birmingham) - ***Vestibular considerations in rehabilitation from concussion in complex sporting environments***

16:45-16:30 Rehab Discussion – Stephanie Adams, Melissa Roe, Chris Tomlinson, Patrick O'Halloran and- Tracey Russell—inc BJSM Podcast