

SYMPOSIUM KINESPORT

13TH AND 14TH, JANUARY 2020
PARIS



#KINESPORTEVENTS2020

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Day 1 – Anterior Cruciate Ligament (ACL)	
Speakers	Intervention
SANIEL Germain	Epidemiology of ACL injury in athletes.
RENOUX Jérôme	ACL fibers in imaging (tracking).
SONNERY-COTTET Bertrand	ACL-Repair in elite athlete.
SILBERT Hervé	Scientific point on ACL surgery in athlete.
DINE Gérard	Genetic polymorphism and susceptibility to ACL injury.
FRANKLYN-MILLER Andy	Interest of 3D analysis to determine ACL injury risk and validate RTP.
KING Enda	Biomechanical differences during jump and landing 9 months after ACL reconstruction surgery (ACL-R).
GROOMS Dustin	Brain neuroplasticity to improve the prevention of ACL injury and rehabilitation
GOKELER Alli	Interest of motor learning techniques in ACL rehabilitation.
KNOWLES Bill	Reconditioning – A performance-based model for training athletes following injury.
VAN DYK Nicol	The Return to Play (RTP) Strategy at Aspetar Hospital.
SANIEL Germain	Athlete ACL Rehabilitation Guide. 11 Leader Methodology.
RAHOU Youssef	Interest and therapeutic approach of the peripheral nervous system in postoperative ACL pain.
ROLNICH/NOVO Nick/Mario	Interests of the Blood Flow Restriction in the rehabilitation of the ACL.
ETCHES Andy	Virtual reality in the ACL rehabilitation process.

WORKSHOPS : 10 per day

Organization :

- 20 minutes per workshops.
- 20 participants.
- Pre-registration with kinesport-events.

Workshop 1 - Blood Flow Restriction Training (BFR PROS company)

Speakers : Nicholas ROLNICH/Mario NOVO.

Workshop 2 – Use of virtual reality in the process of rehabilitation of the football player after ACL injury. (REZZIL company)

Speakers : Andy ETCHES.

Day 2 – PUBALGIA/ATHLETIC GROIN PAIN (AGP)	
Speakers	Intervention
D'HOODGHE Michel	Football pubalgia according to FIFA / UEFA.
REBOUL Gilles	Surgery in the management of pubalgia.
BRASSEUR Jean-Louis	Role of imagery in pubalgia.
PESQUER Lionel	Imaging the pubalgia: how-to do ?
CREUZE Alexandre	Interest of botulinum toxin A in the groin related to adductors.
BISCIOTTI Gian Nicola	The consensus of the Italian experts (Groin Pain Syndrome Italian Consensus) on the AGP.
HOLMICH Per	Diagnosis and terminology of AGP in athletes.
TAK Igor	Athlete perception of hip and groin pain : new insights from football performance and biomechanics for prevention and curation.
FRANKLYN-MILLER Andy	Correlation between 3D analysis and the clinical diagnosis (Pubic Clock) of AGP.
KING Enda	Interest of inter-segmental coordination in AGP rehabilitation - studies on 205 patients.
SERNER Andreas	The Adductor Strengthening Program prevents groin problems in male football players: a randomized controlled trial
BRUCHARD Arnaud VISERY Gregory SANIEL Germain	Guide for the rehabilitation of the athlete's AGP. 11 Leader Methodology.
BAUDOT Christophe	Example of rehabilitation for AGP in elite soccer player
SCOTTE Franck ROUGEMONT David	AGP rehabilitation at physiotherapy office : how and what to do ?

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Workshop 1 - Ultrasound

Speaker : Youssef RAHOU.

Workshop 2 – Tests and practical interventions in the athlete with pubalgia

Speaker : Igor TAK.