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| **Football Medicine Symposium**  **Update on Muscle Injury** | | | | |
| Venue | | Al Hilal FC Stadium Stadium Riyadh Saudi Arabia | | |
| Date | | Tuesday 31/3/2020 | | |
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| 08AM00-08AM45 | | Registration | | |
| 09AM00-09AM30 | | Opening ceremony | | |
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|  | | **Session 1:** Moderators Dr Al Mutawa & Dr Ghrairi | | |
| 09AM30-09AM50 | | Dr Valle: *Muscle injury, Approach of FC Barcelona* | | |
| 09AM50-10AM10 | | Dr Meca: *MRI in muscle injury, diagnosis and return to play correlation* | | |
| 10AM10-10AM30 | | Dr Ghrairi: *Prevention of muscle injury, team physician challenges* | | |
| 10AM30-10AM40 | | *Discussion* | | |
|  | |  | | |
| 10AM40-11AM00 | | Coffee break | | |
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|  | | **Session 2:** Moderators Dr Al Mutawa & Dr Valle | | |
| 10AM00-11AM20 | | Dr Isern: *Muscle healing process in MRI* | | |
| 11AM20-11AM40 | | Dr Meca: *Emerging MRI techniques of muscle assessment in sports* | | |
| 11AM40-12PM00 | | Dr Valle: *When to indicate surgery in muscle injury* | | |
| 12PM00-12PM20 | | Discussion | | |
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| 01PM | | Lunch | | |
| 02PM00-03PM00 | | **Workshop 1:** muscle guided ultrasonography  Dr Xavi, Sports medicine physician approach | | |
| 02PM00-03PM00 | | **Workshop 2:** muscle guided ultrasonography  Dr Isern, radiologist approach | | |
| 03PM00-04PM00 | | Cases discussion. | | |