



COLLEGE OF PODIATRY  
IN ASSOCIATION WITH THE  
BRITISH ASSOCIATION OF SPORT AND EXERCISE MEDICINE

SCIENTIFIC DIALOG

## 9<sup>TH</sup> PODIATRIC SPORTS MEDICINE CONFERENCE

FOOT AND ANKLE PROBLEMS IN SPORT AND  
ALTERNATIVES TO STEROID INJECTIONS

Thursday 2<sup>nd</sup> and Friday 3<sup>rd</sup> December 2021  
Hallam Conference Centre, London

## CONFERENCE CHAIRMAN

Prof Nat Padhiar  
William Harvey Research Institute  
Queen Mary University of London

## PROGRAMME\*

THURSDAY 2<sup>ND</sup> DECEMBER 2021

08:00 Registration, refreshments and exhibition

08:50 Welcome Prof Nat Padhiar

### SESSION 1 - CHAIR: PROF NAT PADHIAR

09:00 Morton's neuroma - Old problem, new perspective Mr David Tollafield

09:25 Plantar plate tear Mr Steve Kriss

09:50 Stress fractures of the foot Mr James Pegrum

10:20 Cuboid syndrome Prof Nat Padhiar

10:40 Questions and discussion

10:50 Refreshments and exhibition

### SESSION 2 - CHAIR: MR GRAHAM HOLLOWAY

11:20 Peripheral nerve injury of the lower limb Mr Michael Fox

11:45 Use of prolotherapy in musculoskeletal and sports medicine Dr Simon Petrides

12:10 Medical red flags in sport Dr Angela Pakozdi

12:35 Medical Achilles tendon problems in sport Dr Dev Pyne

13:00 Questions and discussion

13:10 Lunch and exhibition

### SESSION 3 - CHAIR: PROF HEINZ LOHRER

14:00 Principle and theory of PRP injections Dr Jenny Turner, Mrs Alison De Rosa (GDR Medical)

14:40 Principle and theory of hyaluronic acid injections Mr Alex Flanagan (TRB Chemedical)

15:00 Hyaluronic acid injections in elite sport - A safe alternative to steroid injection during this uncertain Covid-19 pandemic Prof Waqar Bhatti

15:25 Questions and discussion

15:35 Refreshments and exhibition

### SESSION 4 - CHAIR: PROF HEINZ LOHRER

15:55 Principle and knobology of clinicians stethoscope - USS Mr Steve Sheldon (Celtic SMR)

16:10 USS Workshop - 4 stations Prof Waqar Bhatti, Mr Matthew Fitzpatrick, Dr Syed Babar, Dr Sajid Butt

17:05 Keynote Lecture | History of sports medicine Mr Graham Holloway

17:35 Questions and discussion

17:40 Closing remarks Mr Graham Holloway

17:45 Cheese and wine reception

## PROGRAMME\*

FRIDAY 3<sup>RD</sup> DECEMBER 2021

08:00 Registration, refreshments and exhibition

08:50 Welcome Mr Graham Holloway

### SESSION 5 - CHAIR: DR TOM CRISP

09:00 Are all tendons the same? Ageing and injury in energy storing and positional tendons Prof Hazel Screen

09:25 Tibialis posterior tendinopathy Prof Mark Tagoe

09:50 Achilles tendinopathy Dr Tom Crisp

10:15 Patella tendinopathy Dr Polly Baker

10:40 Questions and discussion

10:50 Refreshments and exhibition

### SESSION 6 - CHAIR: MR GRAHAM HOLLOWAY

11:20 Lateral ankle instability Prof Heinz Lohrer

11:45 Osteochondral defect and lesions of the talus Dr Nikos Malliaropoulos

12:05 Acute and chronic Lisfranc injury Prof Nicola Maffulli

12:30 Keynote Lecture | eSport Dr Kirill Micallef-Stafrace

12:55 Questions and discussion

13:05 Lunch and exhibition

### SESSION 7 - CHAIR: DR TOM CRISP

14:05 Use of homeopathic therapy in non-union fracture of the tibia Ms Lucille Cowell

14:15 Future conservative treatment of Achilles tendinopathy Dr Nikos Malliaropoulos

14:25 Use of PRP in acute partial tear of plantar fascia Dr Jenny Turner

14:35 Morton's neuroma paper Dr Gabriele Schiffer

14:45 Elite male academy medical staff and player's perception of football boot fit - A questionnaire-based study Ms Caoimhe Hoey

15:00 Refreshments and exhibition

### SESSION 8 - CHAIR: MR LUKE PLANTER

15:30 Historical and evidence based perspective on emerging foot biomechanics paradigms Mr Martin McGeough

15:55 How do foot orthoses work? Mr Ian Griffiths

16:20 The role of gait analysis in human identification and forensic podiatric medicine Mr Haydn Kelly

16:45 Keynote Lecture | Can speed of sound measure muscle strength and identify sarcopenia in seniors? Prof Scott Wearing

17:15 Questions and discussion

17:25 Closing remarks and close of conference Prof Nat Padhiar, Mr Graham Holloway

\*This is a provisional programme and is subject to change.

For more information and to book online, please visit:  
[www.tinyurl.com/9thPSMConf2021](http://www.tinyurl.com/9thPSMConf2021)



Follow us on Twitter #PSM2021

The Aesculap Academy is one of the leading medical forums for everyone who is professionally, passionately and ambitiously committed to people's health. To those medical professionals we offer top quality knowledge transfer based on globally recognised quality criteria using innovative methods and technologies.

## DIALOG – DEDICATED TO LIFE.

The Aesculap Academy has its roots in the company B. Braun, which has been protecting and improving people's health for more than 180 years. With our courses, hands-on training and symposia we help to honour our parent company's promise of SHARING EXPERTISE.

The courses at the Aesculap Academy offer participants, who want to continue to learn in an inspiring environment, knowledge transfer and teaching that are adapted to real life: lifelong learning, true-to-life training situations and realistic content for a better life for patients and medical staff.

We are proud to announce that in recognition of outstanding surgery-related educational provision by a surgical education centre, The Royal College of Surgeons of England has awarded Aesculap Academia (UK) centre accreditation; An award of excellence.

The Royal College of Surgeons is a leading national and international centre for surgical education, training, assessment, examination and research. This partnership and accreditation will enable us to ensure the highest standards of education in surgery are met.



AESCULAP ACADEMIA - a B. Braun company

AESCULAP ACADEMIA

Brookdale Road | Thorncliffe Park | Sheffield | S35 2PW

Tel: +44 (0) 114 225 9135

Email: [academia.bbmk@bbraun.com](mailto:academia.bbmk@bbraun.com)

Web: [www.aesculap-academia.co.uk](http://www.aesculap-academia.co.uk)



@academia\_uk



@AesculapAcademia UK



Accredited by the Royal College of Surgeons  
The Royal College of Surgeons of England,  
registered charity number 212808

## PSM 2021 REGISTRATION

I confirm that I have read and understood the General Terms and Conditions and the Data Privacy Policy.

The submission of personal or business data is done on an explicitly voluntary basis.

With your registration you confirm to your personal information being recorded for the purpose of event administration and to receive information on future events from Aesculap Academia.

With your registration you consent to your email address being shared with a third party platform provider (applicable for digital events).

I accept that this event is being recorded and that my image and/or audio will be captured on that recording unless I switch off my camera and microphone for the duration of the event (applicable for digital events).

Signature:

Date:

### DETAILS

I consent to the data marked with \* to be shared with the professional body, on whose behalf Aesculap Academia have arranged the event (if applicable).

\*Name, surname

\*Profession

\*Hospital/Institution

Address

City

Post code

Phone

\*Email

Where did you hear about this event?

Accessibility requirements

CONFERENCE FEES	1 DAY ATTENDANCE	2 DAY ATTENDANCE
Undergraduate students	£55.00	£95.00
Postgraduate students	£95.00	£180.00
Standard	£145.00	£250.00

### GROUP BOOKINGS

Discounts are available. Please ask one of the events team for details.

### PAYMENT

Visa Debit

Mastercard

Visa

### CARD NUMBER

START DATE

END DATE

Once your payment has been processed these details will be destroyed.

## GENERAL TERMS AND CONDITIONS OF AESCULAP ACADEMIA, UK

### 1. REGISTRATION

Please complete the registration form, ensuring that all payment details have been completed. Payment must be received no later than 4 weeks prior to the event. If payment is not received we reserve the right to allocate your place to another delegate.

### 2. CANCELLATION BY THE DELEGATE

A full refund will be given for all events cancelled no later than 4 weeks prior to the event date. After this time and up to 14 days before the date of the event, we will offer to offset the value of the event against another Academia event, or for refunds an administration charge of 10% of the event fee will be made. For cancellations that are made between 14 and 7 days before the date of the event we reserve the right to charge half the participation fee. The full participation fee will be payable for cancellation after this period and for non-attendance.

### 3. EVENT CONTENT

We reserve the right to change the event content, the venue or location and/or the faculty at any time. However, we make every effort to ensure that all events run as advertised.

### 4. CANCELLATION OF THE EVENT

We reserve the right to cancel/reschedule the event, at any time. Cancellation notices will be sent to the email address or number given on the registration form and receipt will be assumed unless evidence of non-delivery is received. A full refund of event registration fees (only) will be made to participants who are unable to attend on the rescheduled date. Aesculap Academia will not accept liability for any other loss, damage, costs or expenses incurred by the Delegate as a result of the cancellation/rescheduling of the event, including without limitation: professional fees or other earnings and costs.

### 5. DATA PROTECTION

With your registration you confirm to your personal information being recorded for the purpose of event administration and to receive information on future events from Aesculap Academia. Your name, profession, hospital/institution and email address will be shared with the professional body, on whose behalf we have arranged the event (if applicable). Your data is processed in accordance with our Privacy Policy which is available here <https://tinyurl.com/AADDataPrivacyPolicy2020>

Digital Events and Virtual Conferences are held on various third party platforms it may be that during the meeting or live event that your contact details (name, email address, phone number) will be seen by all participants of the meeting or event. You may wish to avoid using your private contact details to participate in a Digital Event or a Virtual Conference.

### 5. DATA PROTECTION CONTINUED

With your registration you confirm that your email address can be shared with the third party platform provider for the purpose of being given digital access to the event. Your email address will not be retained by the third party platform provider after the event has taken place.

In relation to Digital Events and Virtual Conferences there will be a recording of the event for documentation purposes and for sharing the recording, including all presentation and slide content, with all registered delegates of the event. If you do not wish for your image to be recorded then you must turn off your camera for the duration of the meeting. In which case only your voice will be recorded if you take part in the discussions during the event.

Responsible person for data protection of Aesculap Academia UK is Donna Gold, [donna.gold@bbraun.com](mailto:donna.gold@bbraun.com)

If you wish to be removed from our database please send an email to: [academia.bbmk@bbraun.com](mailto:academia.bbmk@bbraun.com)

### 6. HEALTH CONCERNS

Please inform us if you have any existing health conditions or dietary requirements we should be aware of.

### 7. PHOTOGRAPHS TAKEN DURING THE EVENT

General photographs, including videos of plenary speaker sessions, will be taken during this event and we may choose to use crowd images on our social media channels. As a delegate, you may be included in some of these photographs. If you do not wish to be photographed, you must specify this upon registration at the event (on the day) to ensure that you will be issued with an identifiable lanyard. No identifying names or titles will be displayed alongside your images.